

Study QUESTIONS

Ep.1403: What Does It Mean if I Quench the Spirit?

<https://christianquestions.com/character/1403-quench-the-spirit/>

See:



1. How do the three Christian Conduct principles of “rejoice always,” “pray without ceasing” and “give thanks in everything” interconnect to form a foundation for spiritual resilience? (1 Thessalonians 5:16-18)
2. What does the Apostle Paul mean by, “Do not quench the spirit”? How can we quench the holy spirit within us? How do the first three Christian conduct principles help us avoid this? What happens when we neglect these three principles? (1 Thessalonians 5:16-19)
3. “Quenching the spirit implies we would be putting God’s spirit aside and ignoring its influence in our daily lives.” Matthew 5:14-16: How does light symbolize the holy spirit within us? Explain the metaphors used in these verses to show how our light is or isn’t to be used.
4. “We can DO things that set us on a spirit-minimizing path, or we can NOT do things to keep us on the right page.” Ephesians 4:29-32, James 1:22-26: Describe the “dos” and “don’ts” listed in these scriptures.
5. What habits or attitudes might I be deceiving myself about that could dim the light of the spirit in my life? How can I begin to change them? (James 1:25-26)
6. What is the difference between “grieving” the spirit and “quenching” the spirit? How might one lead to the other? What are two ways we might grieve the spirit? (Ephesians 4:30, James 1:22-24)
7. How does Jonah’s running as far as he can from Nineveh illustrate our avoidance or ignoring the promptings of the spirit in our lives? When was the last time you felt a nudge about something you should have been doing which you ignored? What was the outcome?
8. How do we stop Satan’s “fiery darts”? In what way can fellow Christian soldiers help each other withstand Satan’s influence? (Jonah 1:1-17, Ephesians 6:16)
9. How might we quench someone else’s spirit? How do we build one another up in faith and encouragement? Who in your life needs this service?
10. How do we feed God’s spirit in our lives? What is the result of that feeding? What does it mean to be “rooted and grounded in love”? How does this foundation help us feed rather than quench? (Ephesians 3:14-19, Matthew 12:20)