

Study QUESTIONS

Ep. 1317: It's Time to Change, but How Much is Enough?

<https://christianquestions.com/character/1317-change/>

See:  **CQ Rewind**
SHOW NOTES

1. What are the two categories of change discussed in this episode?
 - a. Distinguish between the two categories.
 - b. Think of areas in your life you would like to make more spiritual. Keep those in mind.
2. What type of habits need to be **abandoned**? Does God love us just the way we are? Explain.
 - a. Does Paul accept that he is “broken?” Does he think this is okay? (2 Corinthians 12:8-10)
 - b. Can we sin all we want because God will keep forgiving us? (Romans 6:1-7)
 - c. What options do we have if we have weaknesses like those listed in **Galatians 5:19-21**?
Does this mean we can't inherit the kingdom of God?
 - d. Why is it important to be dissatisfied with our present selves, but to consider that as only a first step?
3. What type of habits need to be **altered**? What habits do you have that are acceptable, but could be changed to lift you to a higher spiritual plane – nearer to our Lord?
 - a. Why is the example of sweeping the garage appropriate here?
 - b. What are examples of something with positive beginnings that could be altered with a spiritually-positive change in **2 Peter 1:5-8**?
 - c. How can we avoid discouragement knowing there is always something more we could do?

Six Phases of Change

4. **Desire**: How does desire play into our transformation to a more mature spirituality? (Romans 12:2)
 - a. Change Distortion: How can we distort our transformation? (2 Corinthians 11:13-15, Strong's #3345)
 - b. Change Reality: How can we make this metamorphosis a reality? (Romans 12:3, Strong's #3339)
 - c. Do you see areas in your life where you are hiding behind a disguise rather than truly changing?
5. **Recognition**: What must we recognize in order to change spiritually? (Romans 12:5-8)
 - a. Change Distortion: For what attitude did Paul criticize the Corinthians? (1 Corinthians 4:8-10)
 - b. Change Reality: How can we avoid this distortion? (Romans 6:16)
 - c. How do your biases influence how you view things? How might these be hindering your transformation?
6. **Planning**: What is necessary once we undo a negative habit? Why should we intentionally plan our change? While we are busy with the things in **1 Peter 2:1-2**, we cannot do what? Have you written out a plan for change? (Habakkuk 2:2)
 - a. Change Distortion: Shouldn't we, as followers of Jesus, have what we want? Explain. (Mark 10:35-40)
 - b. Change Reality: How did Jesus handle James and John? What is good advice for us? (Proverbs 13:20)
7. **Accountability**: How does being accountable help you in your Christian walk? (Romans 12:9-13)
 - a. Change Distortion: What are ways we thwart our desire to change? (Matthew 25:24-25)
 - b. Change Reality: How was Zacchaeus accountable for righting his past? (Luke 19:8-9)
8. **New Habits**: How can we practice new habits to create mature change? (Romans 12:14-18)
 - a. Change Distortion: How can we fight the distortion of being unworthy? (Romans 3:23, Isaiah 64:6)
 - b. Change Reality: How does God see us? (Romans 8:28, 31-35)
9. **Change Becomes Reality with Time**: How did Paul approach spiritual growth? (Philippians 3:13-14)
 - a. Change Distortion: What is the danger in feeling complacency over our growth? (Revelation 3:15-19)
 - b. Change Reality: What is the blessing in seeing change as a life-long challenge? (Romans 8:37-39)