

Study QUESTIONS

Ep. 1302: How Can I Doubt My Doubts? (Part I)

See:  **CQ.Rewind**
SHOW NOTES

<https://christianquestions.com/character/1302-doubts-part-i/>

1. What does “doubt” mean? What is a positive aspect of doubt? A negative aspect? Is it good for our faith to have doubts? What are five questions we can use to help us understand our doubts? (Hebrews 11:1-2)
2. Who was Lucifer and what was his job in the Garden of Eden? In what way would Eve have known him? (Ezekiel 28:11-16, Genesis 3:1-6, 22-23, 2 Corinthians 11:3)
 - a. Describe how Satan led Eve to doubt God’s command to Adam.
 - b. Are Eve’s doubts reasonable? Explain.
 - c. What was the outcome of Adam and Eve’s disobedience?
 - d. Is there anything in your life that is “misleadingly attractive” or specious?
3. Using the doubt building blocks, describe in detail how the Israelites in Exodus 17:1-7 reacted to a lack of water?
 - a. How can we, like Moses, fight the “hijacking influence” of destructive doubt?
 - b. Use the doubt questions to analyze Israel’s doubt. Could Israel have framed their doubts constructively?
 - c. Have you ever had a time when your physical needs subverted your ability to stand on the foundation of Christ?
4. What was happening to Israel in the time of Gideon? (Judges 6:1-6, 12-17, 21-24)
 - a. How did Gideon build on his doubts so that they were constructive rather than destructive?
 - b. What did Gideon do to gain the assurance that he could do what God wanted him to? (Judges 6:33-40)
 - c. Have you ever “put out the fleece” to affirm that God wants you to take a certain step? How did it work?
 - d. How is “putting out the fleece” used incorrectly – explain the difference in interpretation.
 - e. What kinds of doubts are you struggling with? Are you willing to let God build you into a tool He can use?
5. What was John the Baptist’s “clearly defined purpose”? How did he differ from Gideon? (Luke 3:3-8, John 3:27-30, Matthew 11:2-11, Hebrews 11:38-40)
 - a. How did John’s doubts come about?
 - b. What did John send his disciples to ask Jesus? What was Jesus’ answer? How would that have been a comfort to John?
 - c. How did Jesus describe John to the crowd after John’s disciples left?
 - d. What must we build in order to use doubt as a stepping stone to grow in our experiences rather than use doubt as a destructive force?
6. Think over the doubts you have right now or have had in the past. Run each through the five questions to determine whether they were constructive or destructive for your Christian walk. How are you getting better at reframing destructive doubt into constructive learning experiences? What can you do differently?