

# Study QUESTIONS

## Ep. 1295: How Can I Transform My Prayer Life? (Part II)

<https://christianquestions.com/character/1295-prayer-life-part-ii/>

See:



1. What are ways we can improve on the following immature prayer behaviors:
  - a. Prayers based on fanciful or wishful thinking. (James 4:1-3, 5:15-16)
  - b. Are the thoughts I have during prayer mine or the LORD's? (Luke 12:16-21, 29-31, Psalms 32:8-10)
2. How should we present ourselves while praying?
  - a. How should we frame our prayers? (Luke 18:9-14)
  - b. What is the danger in letting our meandering thoughts lead our prayers? What is a better practice? How does a *selah* moment help us with this? (Ecclesiastes 5:1-2, Daniel 9:17-19)
  - c. How should we present ideas and plans to God in prayer? What character trait is necessary? (James 4:15-17, Isaiah 55:8-11)
3. How do we pray when we cannot find gratitude or we are afraid?
  - a. How do we pray when there does not seem anything for which to be thankful? (Psalms 13:1-6, Romans 8:12-16)
  - b. What beautiful privilege is ours when we realize our relationship to our Abba Father?
  - c. Have you ever tried to hide sins from God? Is this possible? (Psalms 66:18-20, Romans 8:26-28)
  - d. How does Habakkuk show reverence when approaching God? (Habakkuk 1:2-3, 13-17, 2:1-3)  
Again – what character trait is essential? (James 4:7-10, Proverbs 9:10)
4. What are suggestions for when we shy away from prayer altogether?
  - a. What is the danger in not praying when we are full of anxiety and unworthiness?
  - b. Explain how David felt about not praying when burdened with sin. (Psalms 32:1-7)
  - c. How do we combat forgetting to pray when we are preoccupied with the cares of life? (Matthew 6:25, 1 Thessalonians 5:16-22, Psalms 4:4-5, 103:1-5)
  - d. Dissect Psalms 51:1-17. How do these psalms teach us to overcome our challenges?
    - 1) Seek forgiveness – why? (verse 1)
    - 2) Seek to be cleansed – once cleansed, what will we be able to see? (verses 7-9)
    - 3) See to be restored – once restored, what will we be able to do? (verses 10-13)
    - 4) Seek to remember the lesson – what does the Lord expect of us in overcoming challenges? (verses 16-17)
5. Which of these categories need work in your own prayer life?
  - a. In what way will these suggestions help you transform your relationship with our Abba Father?
  - b. Why must we approach God through Jesus? (1 John 2:1, Hebrews 4:15-16)