

# Study QUESTIONS

## Ep. 1282: We Are What We Think We Think About, So What Are We Thinking About? (Part II)

See:  CQ Rewind  
SHOW NOTES

<https://christianquestions.com/program/philippians-4-ii/>

1. As Christians, on what level should we be processing and thinking about our experiences? How is this different from our human method of looking at things?
2. What is the difference between “dwelling” on a thought and thinking about it casually? By what process can we make our thinking intentional? (See Philippians 4:8)
3. What direction does Paul give in Romans 12:1 to repentant sinners who have accepted Christ as their Savior? What action is required for a “new creature in Christ”? What is the deeper meaning of “transformation” in this application, and how do we accomplish it? (See 2 Corinthians 5:17, Romans 12:2, 2 Corinthians 3:18, Mark 9:2)
4. Who is responsible for controlling the influences of God’s spirit in our lives? What are some of the “dwelling places” that a mature Christian’s thoughts should occupy? (See Philippians 4:8, John 17:17, Matthew 7:12, Ephesians 5:3-4)
5. How does Jesus’ response to the rich young ruler in Mark 10:20-21 illustrate how Jesus saw beauty in the fallen human race? How does dwelling on the beauties and wonder of nature bring us closer to God? How does dwelling on the innocence of children do so? (See Psalms 8:1,3-4, 14:1, Mark 10:13-14,16)
6. Through what lens should we look at our fellow Christian brethren? Why is dwelling on all these things so necessary for our Christian development?
7. What is the difference between acknowledging and dwelling on things of good report? How do we separate out things of good report in the world versus those of godly standards, and what should be our reaction to each?
8. How can recognizing the good behavior we see in the world prepare us for the role of blessing humanity in the kingdom? What were the messages Peter and Paul conveyed to the early church that can help us be of good report in our behavior? (See Acts 15:7-11, Philippians 1:27)
9. What is the highest standard of excellence we can develop? How did Jesus demonstrate this excellence? (See 2 Peter 1:3,5-7, 1 Peter 2:9,11-12, 1 Peter 2:4-5)
10. How can we distinguish between things that are truly praiseworthy and things that are not? What things are appropriate to praise? (See Luke 18:40-43, 2 Corinthians 8:16-18) How did Jesus exemplify all what is praiseworthy by God’s standards?
11. What is the ultimate purpose of focusing our minds to dwell on the concepts listed in Philippians 4:8? How will you better exemplify the qualities in Philippians in your own life? (See John 6:38, Philippians 2:5-11)