

Study QUESTIONS

Ep. 1022: As a Christian, Should You Just Be Yourself?

[https:// christianquestions.com/ character/ 1022-be-yourself/](https://christianquestions.com/character/1022-be-yourself/)

See:  **CQRewind**
SHOW NOTES

1. What changed Paul from zeal in persecuting Christians to zeal in doing God's will?
Do our past actions always define who we are? (See 1 Corinthians 15:9-10)
2. As described in the Parable of the Sower, what is the first way we can sabotage ourselves in Christian growth? How can we overcome loss of confidence in our ability to grow? (See Matthew 13:3-23)
3. In this same parable, describe the meaning of the seed falling on rocky ground and apply it to "being ourselves." What can get in the way of our being our true selves? (See Mark 4:18-19) What is wrong with society's emphasis on "finding yourself?" What can happen as we wait to discover ourselves?
4. What actions do we need to take to develop into a true Christian as described in Luke 8:15? What are some daily habits we can practice to help us develop Christlikeness? (See Luke 3:10-16)
5. Describe the physical process that happens in our brains that results in a change of thinking. As we commit to Christ and begin to change our thoughts, what gifts does God promise us to help us in this process? (See 2 Peter 1:1-3)
6. What steps can we take to nurture our spiritually-driven selves?
What biblical instructions are given to us to help us grow spiritually? (See 2 Peter 1:3-8)
7. How can we combat negative thought patterns?
How can struggles with our own weaknesses propel us to develop greater spiritual strength?
How does Peter's experience on the Mount of Olives illustrate this? (See Mark 14:26-31)
8. How should we look at others as we grow into our new spiritual selves? How should we see ourselves in relation to others? (See 2 Corinthians 5:16-18, 1 Corinthians 12:20-25)
9. What practical steps and qualities are necessary to help us become our best spiritual selves? What do you need to do in order to be your best spiritual self?