

# Study QUESTIONS

## Ep.1221: How Do We Keep Hope Alive?

See:  CQ Rewind  
SHOW NOTES

<https://christianquestions.com/character/1221-hope/>

1. What is the biblical definition of “hope”? What is the basis of genuine hope? How does it differ from a wish? Why is it dangerous for us to allow emotions to influence our hopes? (See John 8:31-32, Philippians 3:3, Hebrews, 11:1)
2. How does God’s promise to Abraham gift Christians with hope? How does God ensure “the heirs of the promise” believe the promise was unalterable? How is this promise an “anchor for our souls”? (See Genesis 22:17, Romans 8:22-25, Hebrews 6:13-19)
3. What did God promise the followers of Christ ages ago? How long ago? What does this tell us about God’s planning? Who is our hope for? What makes us sure all this will happen? (See Titus 1:1-2, Ephesians 1:4, Romans 8:22-25)
4. Why is it important to build our hope on Reality-Based Expectations? What makes these “reality-based” hopes? Which “reality” should they be based upon? What three things do we need to consider when setting our expectations? (See Mark 13:33, Luke 21:36, Ephesians 6:18, 2 Timothy 3:1-5)
5. What is “spiritual torpor”? What are its symptoms? Why must we avoid it at all cost? What is the opposite (the root word - *Strong’s Concordance #69*) of torpor? How will this counteract torpor? (See Luke 21:34-35, Mark 13:33, Ephesians 6:18)
6. How do we change our Reality-Based Reactions to Reality-Based Expectations to combat the three symptoms of spiritual torpor listed in Luke 21? (See Luke 21:34-35, Job 8:11-15, Romans 8:28, Ephesians 6:10-11, Galatians 6:2)
7. How do our Reality-Based Expectations guide our focus? How does Jesus refer to himself in John 9:5? How does that relate to what he expects of us in Matthew 5:14? (See Matthew 5:13-16, Luke 21:36, John 9:4-5, 1 Corinthians 15:16-19) How can remembering God’s precious promises help us to have clear focus? How do these scriptures inspire your hope: Psalms 46:1-3, 91:1-4, 1 John 3:1-3
8. What is required of us now for our hopes to be fulfilled and keep them from dying? What process does hope begin in our lives? What steps does this process go through? How can we continue the process with our actions? (See Matthew 25:22-25, Luke 22:42, Romans 5:1-5, Ephesians 1:18-19, 1 Peter 1:13-16)
9. What is the “why” of our hope? How are we caught up in the hope for mankind? What does it do for us as Christians? (See 1 Thessalonians 5:6-8, 1 Timothy 4:10, 1 John 2:2) How does hope impact your life?