

# Study QUESTIONS

## Ep. 1092: How Do You Deal With Toxic People In Your Life?

<https://christianquestions.com/character/1092-toxic-people/>

See:  CQ Rewind  
SHOW NOTES

1. How does Jesus say we should respond when someone does something against us? (See Matthew 5:39) What significance is there in Jesus' use of "right" vs. "left" in this verse?
2. What does the use of the word "right" signify metaphorically speaking, and what greater understanding does this give us about the lesson Jesus is actually giving in Matthew 5?
3. Jesus' reputation was attacked (see Isaiah 50:6), however he handled the situation without absorbing it. What is the difference between "handling" and "absorbing" and what lesson does that teach us? How have you reacted when someone has attacked your reputation?
4. What is the best way to handle a toxic person when they MUST be in your life? Should you just become a willing target of their abuse? (See Romans 12:14-16)
5. How did Jesus "bless" those who cursed him throughout his ministry? How should we understand the Scripture that tells us to "bless those who persecute you"? Practically speaking, how can you appropriately give to someone who is a toxic person? (See Matthew 5:43-45)
6. How do you deal with someone who is blatantly disrespectful to you? (See Romans 12:16-17) What does "right in the sight of all men" mean and how do you apply that to your dealings with a toxic person?
7. What principles should we use as a guide for our dealings with toxic people and what our "gut" reaction needs to be? (See 1 Corinthians 2:11-12)
8. What practical things can you do when communicating with a toxic person? Have you ever tried any of these in your own experiences? How did they turn out?
9. How do you deal with your own feelings of wanting to lash out when a toxic person says or does something to intentionally hurt you? Is retaliation ever appropriate? (See Romans 12:18-20)
10. How did David deal with those who pursued him without reason? (See Psalms 35:1,4-7,12-14) What lessons are there for us in his example and the kind of heart attitude we need to have? (See Philippians 4:4-7)
11. What do you do when you cannot handle someone's toxicity anymore? (See Romans 12:21)
12. What is the purpose of our experiences as Christians? (See 1 Peter 2:18-20) When we are faced with very difficult circumstances, what should we do? (See Isaiah 40:29-31 and Philippians 4:8)