

# Study QUESTIONS

## Ep. 1048: How Can We Be Truly Thankful?

<https://christianquestions.com/character/inspiration/1048-thankful/>

See:  CQRewind  
SHOW NOTES

1. What does it mean to be thankful?
2. Where does true thankfulness come from? Is being thankful the same as being happy?
3. What are some characteristics that Jesus considers a happy (blessed) person possesses? (See Matthew 5) Does one need faith to be happy?
4. What is the difference between a “fixed mindset” and a “growth mindset”? Which one of these mindsets will allow for thankfulness and why? Which mindset do you have?
5. What is gratitude and what are some of its characteristics? What are some ways we show gratitude in each of our lives?
6. What is insatiability? How does insatiability lead to depression in our society?
7. What is the difference between a peacemaker and a peacekeeper? Which does Jesus consider “blessed” and why? What does the Bible say about peace making? (See James 3:13-18)
8. Can a Christian still be thankful even under persecution? (See Matthew 13:20-21, 2 Timothy 3:12)
9. What are four ways to respond to persecution? Which does the Bible recommend? (See Acts 5:40-42, Philippians 1:29, 2 Corinthians 4:17-18, Romans 8:18)
10. In what ways was Stephen thankful? How do you show thankfulness in your life? How can you be more thankful?