

# Study QUESTIONS

## Ep. 1046: What Can I Do Now About Procrastination Later?

<https://christianquestions.com/character/1046-procrastination/>

See:  CQ Rewind  
SHOW NOTES

1. What are the two kinds of procrastination? Which one is more difficult to control? Why is this? Explain the difficulties of this kind of procrastination.
2. How is procrastination related to the mission of a Christian? (See Revelation 2:10) What are we given to help us succeed on this mission? (See 2 Peter 1:3) How does procrastination affect your walk?
3. What is the first predictor of procrastination tendencies? What does Paul urge the Hebrew Christians to focus on in order to avoid procrastination (See Hebrews 10:34-36; Romans 8:31)
4. What is the second predictor of the tendency to procrastinate? Why does the true call to discipleship seem difficult? (See Luke 14:16-20)
5. What is the third predictor of the tendency to procrastinate? What did King Agrippa do with the opportunity he was given by Paul? (See Acts 26:27-29)
6. What can we do to lessen the impact of the fourth predictor of procrastination?
7. What is the first strategy in overcoming procrastination? (See Proverbs 3:27-28)
8. How do you effectively accomplish the second strategy in overcoming procrastination? What is the difference between *replacement behaviors* and *avoidance goals* and how does that help or hinder? (See Philippians 3:12-14)
9. How can we eliminate the “shiny squirrels” in our lives to implement strategy #3 in overcoming procrastination? (See James 4:14-15)
10. What are the differences between patience and procrastination, and what are some examples of those differences? (See Ecclesiastes 11:4; Hebrews 12:1; Proverbs 12:24; Ephesians 5:15-17; 2 Peter 1:10-11) How can we bring joy into the equation? (See Nehemiah 8:10; Colossians 3:23-24; Proverbs 24:16)
11. How do the five Procrastination Termination Graphics (See CQ Rewind Show Notes) impact your life? (See Matthew 5:23,24; Ephesians 4:26-27; Colossians 4:2; 1 Corinthians 10:31; Revelation 2:10) What strategies will you implement in your own life to avoid procrastination negatively affecting your Christian walk?