

Study QUESTIONS

Ep.996: How Do I Make Gratitude My Constant Companion?

<https://christianquestions.com/character/inspiration/996-make-gratitude-constant-companion/>

See:  CQRewind
SHOW NOTES

1. How do the Scriptures define “gratitude”? (See Hebrews 13:15-18)
2. How does having an awareness of our surroundings help us to keep gratitude at the forefront of our consciousness? (See 2 Corinthians 9:1-15)
3. If our surroundings don’t inspire us to gratitude, what should we do? What can we learn from the Apostle Paul? (See 2 Corinthians 12:7-10)
4. How can we develop a Christian attitude of gratitude? What kinds of behaviors should we be trying to cultivate that can lead us to gratitude? (See Philippians 4:4-8 and Psalms 95:1-6)
5. Why is it important to be grateful in the present instead of the past? What lessons can we learn from the Israelites when they didn’t follow this principle? (See Exodus 16:1-4)
6. Why is it important to be grateful in the present instead of in the future? (See 1 Peter 4:12-13)
7. What are some different ways we can actually demonstrate and live out the gratitude we feel in our lives? (See Isaiah 61:1-2 and Psalms 100:1-5)
8. How can we demonstrate gratitude even when life is difficult? What example did the Apostle Paul give to us? (See Acts 16:22-25)
9. What are you grateful for in your life?
10. What daily actions or habits can you take to make gratitude part of your daily life?