



What's Your Hurry?

Hebrews 10:36: (KJV) *For ye have need of patience, that, after ye have done the will of God, ye might receive the promise.*



We are not patient. Not anymore. It used to be just a few decades ago that when you needed to talk to someone far away, you waited until the day ended, went home, had dinner and then you tried to call them. Several decades before that you thought about what you wanted to say, wrote them a letter, sent it and waited. Now we simply and instantly text them and usually get a pretty instant answer as well. Not only do we not have patience, we have a hard time teaching it to others. Our children have the privilege and problem of instant access, instant answers and instant

fun which leads them to instant frustration when something does not go as expected. Patience - Jesus told us "in your patience possess ye your souls." It turns out that there is much more to that statement than meets the eye! What is the Bible's real message regarding patience for Christians?

Merriam Webster Online Dictionary: **Patient**

1. bearing pains or trials calmly or without complaint
2. manifesting forbearance under provocation or strain
3. not hasty or impetuous
4. steadfast despite opposition, difficulty, or adversity
5. able or willing to bear

 **Haven't learned anything (edited for language), *The Karate Kid*, movie (1984)**

- *(Daniel) So? So, you're supposed to teach and I'm supposed to learn, remember? For four days, I've been busting my (beep) and I haven't learned a thing!*
- *(Mr. Miyagi) You karate training.*
- *(Daniel) I'm WHAT?! I'm being your slave is what I'm being, man! Now we made a deal here.*
- *(Mr. Miyagi) So?*
- *(Daniel) So? So, you're supposed to teach and I'm supposed to learn, remember? For four days, I've been busting my (beep) and I haven't learned a thing!*
- *(Mr. Miyagi) Hah, learn plenty!*
- *(Daniel) I've learned plenty...I've learned how to sand your decks, maybe! How about wash your cars, paint your house, paint your fence? I've learned plenty!*
- *(Mr. Miyagi) Oh, Daniel-san, not everything is as seems.*
- *(Daniel) I'm going home, man.*
- *(Mr. Miyagi) Daniel-san! Daniel-san!*
- *(Daniel) What?*
- *(Mr. Miyagi) Come here.*



This is an example of being impatient because you want the results without having to do the work.



In the New Testament, there are several words that have to do with patience and they can be divided into three basic approaches:



The first approach to patience:
To be appropriate - to not be reactive

Parenting is a good example of this.

Patient: Strongs #1933 appropriate, i.e. (by implication) mild

1 Timothy 3:3: (KJV) *Not given to wine, no striker, not greedy of filthy lucre; but **patient** <1933>, not a brawler, not covetous;*

Patient - calm, mild, not reactive. This is an important qualification for someone who would have a position of responsibility in the church.

James 3:17: (KJV) *But the wisdom that is from above is first pure, then peaceable, **gentle** <1933>, and easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy.*

Gentle is the same word for patience.

How do we become "appropriate" or "even" in our character?

Philippians 4:4-9: (NASB) *⁴Rejoice in the Lord always; again, I will say, rejoice! ⁵Let your **gentle spirit** <1933> be known to all men. The Lord is near. ⁶Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.*

Gentle spirit is the same word for patience.

Our appropriateness comes from our focus on that which is higher and faith in that which is mighty:

⁸Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things. ⁹The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.

Our evenness depends upon the continual resetting of what we allow our minds to dwell upon.

The world continually bombards us to take our focus off of the Lord. It is important to our Christian success to find that "reset button" for our spiritual focus.





Rejoicing is not an emotional outburst; it is a clear and focused state of being, thinking on higher things.

Being even-keeled is great, but isn't patience also about standing firmly under lengthy ordeals?


Patience *does* have its beginning in an even-keeled approach to life, but it certainly does NOT end there. As we will see, biblically-defined patience focuses us on managing our way through long periods of unsettled life experiences. Patience is about the long-term approach to dealing with our experiences.



Second approach to patience: Defining patience as "forbearance," the ability to hold yourself back

Merriam Webster Online Dictionary: **forbear**

1. to do without
2. to hold oneself back from, especially with an effort
3. to leave alone, shun

 Show me "sand the floor," *The Karate Kid*, movie (1984)

- (Mr. Miyagi) Show me "sand the floor."
- (Daniel) I can't move my arm, alright? [Mr. Miyagi claps then rubs his hands quickly] What are you doing? What? [Mr. Miyagi starts massaging Daniel's arm] Ow! Ow, what are you doing?
- (Mr. Miyagi) Now show me "sand the floor." [Daniel's pain has been suppressed]
- (Daniel) How did you do that?
- (Mr. Miyagi) SHOW!
- (Daniel) Sand the floor?
- (Mr. Miyagi) Stand up. Show me "sand the floor." Sand the floor, sand the floor, big circles, sand the floor, sand the floor.

When Mr. Miyagi had Daniel doing all of these chores, he had him do them with very specific arm and body motions to learn them. "Sand the floor" (big defensive arm motions) had a purpose that Daniel did not understand at the time, but the teacher knew.

When we look at our patience in relation to God, we have no idea what His big master plan is for us personally and how He teaches us all of the things we need to learn.

Patience as forbearance is a *chosen pattern of behavior* as we generally approach our experiences.

Patient: Strong's #420 enduring of ill, i.e. forbearing
(holding yourself back, able to put up with something)

2 Timothy 2:24: (KJV) *And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, **patient** <420>,*

Patience: Strong's #3114 to be long-spirited,
i.e. (objectively) forbearing or (subjectively) patient



This is not teaching with arrogance; it is teaching with the student in mind. The teacher appropriately holds themselves back.

Matthew 18:26: (KJV) *The servant therefore fell down, and worshipped him, saying, Lord, have **patience** <3114> with me, and I will pay thee all.*

Patience: Strongs #3115 longanimity, i.e. (objectively) forbearance or (subjectively) fortitude

Longanimity means calmness in the face of suffering and adversity.



Does patience mean taking no action? That sounds kind of wimpy! And what does "make the choice to rejoice" mean?

There is more to patience than just not taking action. Godly patience is to be able to be calm and rejoice under trial. I would rather react or do something else based on how I feel, but I will rejoice in the Lord always and wait on His overruling.

Holding ourselves back (self-restraint) is part of having a Christlike character.

2 Timothy 4:2: (KJV) *Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all **longsuffering** <3115> and doctrine.*

The thought here is that the *patience* being defined is a willingness to be not only non-reactive and appropriate but to be willing to wait for a situation to completely unfold, to be disciplined in holding back. This "patience" gives the benefit of the doubt, and we can only display it through a humble spirit.

We still take necessary action, but we want the patience for a situation to unfold enough that we can proceed with clarity and godly thinking.



Will vs skill, *Patience - Motivational Video, Daily Dose*

- *I'm not Coach right now, I'm your conscience. You're in a fight between will and skill. I said will first, because that's where you are. You're locked and loaded with skill. You've been practicing every day, you've been putting in work, you're buying everything, you're making an investment, you're living your dream, you're walking like your dream, you're surrounding yourself around your dream, you've got mentors, everything. You're putting your work in. You've got your skill. Now it's a test of your will. It's a mindset thing you be in right now. It's a mindset thing because your challenge ain't moving, your mountain is not moving. You don't feel like you're making any progress. You're not physically moving. When you see everything else around you and other people moving, you're not making progress. You're in a test of your will right now, because life says it has a little more test for you.*

Have patience. All things are difficult before they become easy. — Saadi

Let's talk about the forbearance of God. The first chapter of Romans was all about blatant idolatry and sensuality. Now we drop into the second chapter...

Paul urges us to hold ourselves back from judgment without proper cause and place:

Romans 2:1-2, 4-6: (NASB) *¹Therefore you have no excuse, every one of you who passes judgment, for in that which you judge another, you condemn yourself; for you who judge*



practice the same things. ²And we know that the judgment of God rightly falls upon those who practice such things.

We are to forbear, because God in His spiritual wisdom forbears.

*⁴Or do you think lightly of the riches of His kindness and tolerance and **patience <3115>**, not knowing that the kindness of God leads you to repentance? ⁵But because of your stubbornness and unrepentant heart you are storing up wrath for yourself in the day of wrath and revelation of the righteous judgment of God, ⁶who will render to each person according to his deeds:*

God has been holding back for over 6,000+ years of the permission of evil. It is not time until sin runs its course before He brings righteous judgment to all. If He can be that patient for thousands of years, we can be patient for five more minutes!



To be even-keeled and to hold myself back sounds like good old fashioned patience! So, are we done?

Done? Not at all! Appropriateness and self-control are hugely important as foundation pieces for what comes next. The patience road in the Bible now turns us towards the most transformative kind of patience yet:



The third and most common approach to patience: Patience is deep, sound and powerful endurance

Patience is more than just waiting around.

Patience: Strongs #5281 cheerful (or hopeful) endurance, constancy

Luke 21:19: (KJV) *In your **patience <5281>** possess ye your souls.*

Patience: Strongs #5278 to stay under (behind), i.e. remain; figuratively, to undergo, i.e. bear (trials), have fortitude, persevere



A caller from Connecticut contributes the most patient being in the universe is our God and Creator. To study and appreciate patience we must study our God and His character. We can live His example.


As previously said, we can study the character of God and find what patience really means. God's patience is more than just waiting around. He allows things to come to fulfillment. God is not happy with sin and death, but allows sin to run its course. He will intervene at the appropriate time.

James 5:11: (KJV) *Behold, we count them happy which endure <5278>. Ye have heard of the patience <5281> of Job, and have seen the end of the Lord; that the Lord is very pitiful, and of tender mercy.*

The *patience* being defined here is a determination to remain in a difficult position, to cheerfully endure and to have fortitude, based upon your ability to continually remind yourself of your own "deliberate purpose." It is hard to patiently bear a trial without a purpose. This type of patience is really an extraordinary endurance that finds its courage in a crystal clear mental picture of its expectations.

This is how God can be patient for more than 6,000 years. He has a crystal clear picture of His expectation and He will wait until the appropriate time so His expectations can come to fruition.

Our trials are lessons to teach us to be more Christlike. They are gems we can use to improve our character and be more pleasing to our heavenly Father. Know the purpose, adopt the endurance.

 Show me "wax on, wax off," *The Karate Kid, movie (1984)*

- (Mr. Miyagi) Now show me "wax on, wax off."
- (Daniel) Wax on, wax off.
- (Mr. Miyagi) Wax on, wax off. Wax on, wax off. Concentrate. Look at my eye, not my hand. Wax on, wax off. Wax on, wax off.

The lightbulb is starting to go off for Daniel - he understood he had learned something. This is how we need to be during our trials. Be willing to have that lightbulb turned on in our minds when we go through long, difficult trials - this is training for our future work.

Christian examples of endurance:

Hebrews 10:32-36: (NASB) ³²But remember the former days, when, after being enlightened, you **endured** <5278> a great conflict of sufferings, ³³partly by being made a public spectacle through reproaches and tribulations, and partly by becoming sharers with those who were so treated. ³⁴For you showed sympathy to the prisoners and accepted joyfully the seizure of your property, knowing that you have for yourselves a better possession and a lasting one.

The Apostle Paul is writing to the Hebrew Christians in general.

Remember the former days - He asks them to remember the trials they had gone through before, when apparently they had endured (same word here for patience - to stay under, to have fortitude) great conflicts of suffering.



Being made a public spectacle - "You were persecuted, made fun of, looked down upon because you were a Christian."

Accepted joyfully the seizure of your property - "Remember how you accepted that happening?" Surely they did not like the experience, but they had inner peace, a joyful attitude, knowing the Lord was working with them through this experience. They could trust Him.

Knowing that you have for yourselves a better possession and a lasting one - Knowing there was more to life as a Christian than their physical property and reputation.

*³⁵Therefore, do not throw away your confidence, which has a great reward. ³⁶For you have need of **endurance <5281>**, so that when you have done the will of God, you may receive what was promised.*

Therefore, do not throw away your confidence - We can look back at our own experiences and see we had difficulty and testing before. God provided what we needed in that experience. God delivered us before; He will deliver us again.

Keep the goal in mind for why you are enduring trials - to receive what was promised. Have that deliberate purpose in your heart and mind and it grants you the endurance to hold up.

 **Swing and miss is progress, Patience - Motivational Video, Daily Dose**

- Every transformation always gets worse before it gets better. It's supposed to be that way. When you embark on this journey, you must know that it's going to go down before it comes up. But when it comes up, it's going to go so much higher than you've ever been.*
- The action of making progress is progress. The push itself, the fight. You get up and swing and miss, that's progress. Now get up and you run at what you want with everything you've got and you miss - that's progress. The effort of making the attempt is progress.*

Endurance is not just the ability to bear a hard thing, but to turn it into glory. — William Barclay

There are many faces of endurance:



The face of a soldier is the face of one sworn to duty for a cause that he is willing to die for.

2 Timothy 2:2-4: (NASB) *²The things which you have heard from me in the presence of many witnesses, entrust these to faithful men who will be able to teach others also. ³Suffer hardship with me, as a good soldier of Christ Jesus. ⁴No soldier in active service entangles himself in the affairs of everyday life, so that he may please the one who enlisted him as a soldier.*

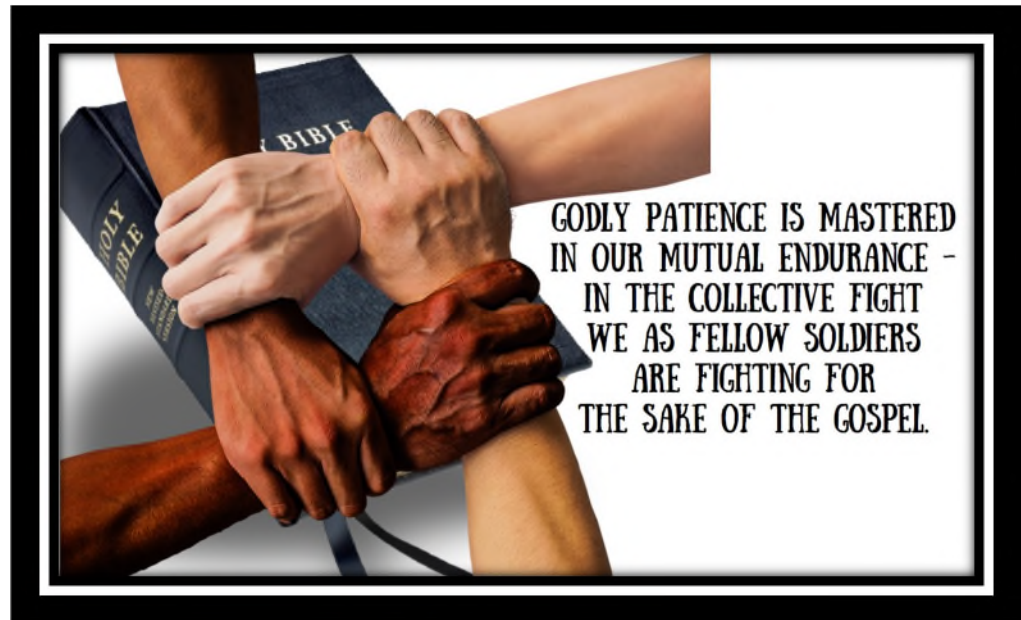
As a soldier, I am one of many who have been pressed into service to fight a common enemy alongside of others to whom I am loyal. I will protect, work for, work with and even die for my fellow soldiers. That is endurance. Soldiers are trained for a mission and accomplish it together.



2 Corinthians 10:3-5: (NASB) ³*For though we walk in the flesh, we do not war according to the flesh, ⁴for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. ⁵We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.*

Notice the number of times Paul says "we." It is a mutual endurance together. We build one another up so we can stand firm under the great weight of testing necessary for a Christian.

The body of Christ has the highest standard of any group ever. They strive together for heavenly glory, if faithful.



Patience means endurance. Is this endurance only applicable in battle as fellow soldiers in Christ?

For the true Christian, endurance is just as applicable in our own personal challenges and struggles as it is when we are collectively fighting the enemy. There is no aspect or moment or experience in our lives when this life-changing endurance will not be needed.




Endurance is like a glove. It is a tool that needs to become a part of us. When you put gloves on, you forget they are there. Our Christian endurance should fit like a glove.

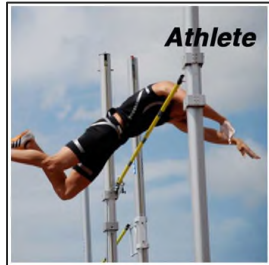
The Christian has three enemies: The world and its influences on us, the flesh and its sinful weaknesses and the devil, who is trying to trip up every follower of Christ so they are not faithful to God.

In dealing with our enemies, we become like Daniel of The Karate Kid who was learning things without realizing it.



 Show me "paint the fence," *The Karate Kid*, movie (1984)

- (Mr. Miyagi) Show me "paint the fence." Up, down. Up, down. Other side. Look eye! Always look eye. Show me "paint the house," side to side. Side, side. Side, side.



The face of an athlete is the face of discipline and focus; it is the face of training to compete and win.

2 Timothy 2:5: (NASB) *Also if anyone competes as an athlete, he does not win the prize unless he competes according to the rules.*

"I am the one solely responsible for fulfilling my call. I must compete honestly and with all my strength, focus and endurance to be considered one who may by God's grace, win the prize."

Here is a case where, as a Christian, in the end it really *is* all about me!

1 Corinthians 9:24-27: (NASB) ²⁴*Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win.* ²⁵*Everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we, an imperishable.*

But only one receives the prize - Look at yourself and understand the kind of endurance you must have to win the race that you individually are running. We all run for the prize of the high calling, but we cannot run for each other. We can help each other but inevitably you are responsible for your own race.

²⁶*Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air;* ²⁷*but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.*

The call of Christ is so lofty and so privileged that we cannot let up in our attitude of endurance. Even Paul - who was the epitome of self-sacrifice - tells us that he needed to be ever vigilant.

What is the difference between success and failure? The endurance and patience to always strive:

Proverbs 24:16: (NASB) *For a righteous man falls seven times, and rises again, But the wicked stumble in time of calamity.*

 Nothing happening YET, *Patience - Motivational Video, Daily Dose*

- *You're pushing and you're pushing and you're pushing. You're doing everything right. You're tired, you're exhausted and ain't nothing happening yet. That word is what you're waiting for: YET. Because I promise you if you keep pushing, if you keep giving me all your effort, it will happen.*
- *You have to be equipped mentally to endure this process. Knowing what you're about to go into is step one. Knowing is an uphill battle but a winnable one and one that is achievable. At the end of this race, guys, you're going to be more capable. The first step, guys, is knowing it's a tough road.*

Heroism is endurance for one moment more. — George F. Kennan



Our personal task of endurance can be best accomplished when we know where to look for challenges:

James 1:12-18: (NASB) ¹²Blessed is a man who **perseveres <5278>** under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him. ¹³Let no one say when he is tempted, I am being tempted by God; for God cannot be tempted by evil, and He Himself does not tempt anyone.

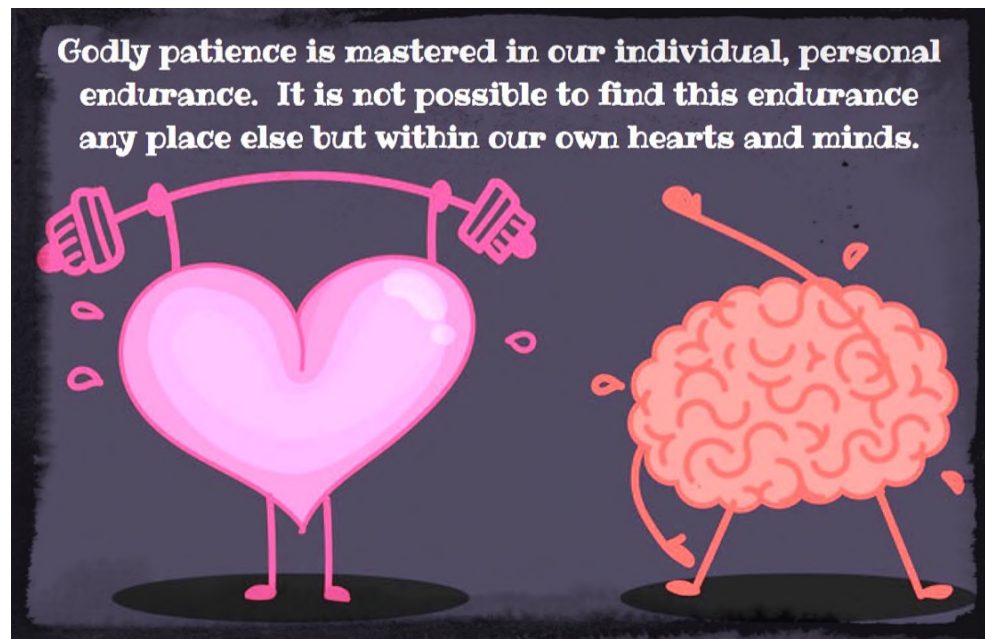
God *never* sets us up for failure! This is a guarantee. We do not have to be concerned with God setting us up with an experience and then forgetting about us.

¹⁴But each one is tempted when he is carried away and enticed by his own lust. ¹⁵Then when lust has conceived, it gives birth to sin; and when sin is accomplished, it brings forth death. ¹⁶Do not be deceived, my beloved brethren.

We can easily set *ourselves* up for failure! This is a warning of where we need enduring vigilance. We need to make straight paths for our feet.

¹⁷Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow. ¹⁸In the exercise of His will He brought us forth by the word of truth, so that we would be a kind of first fruits among His creatures.

The utter stability of God's character and promise guarantees our endurance can produce success! We have the ability to be successful.



God gives us grace, Christ gives us strength, but we have to use them. They will not fail us, but we can fail us. That is where our endurance must be strongest and most focused.



We, as Christians, are pictured as soldiers and athletes in our need of endurance. Anything else?

It is significant that our need to master endurance is shown to us in so many different ways because it proves how deeply valuable and life-changing endurance can be. There is yet another picture the Scriptures use to make the point of personal endurance.



The face of the farmer is the face of patience, knowledge, hard work and consistency. It is the face of steady discipline and compassion.

2 Timothy 2:6-7: (NASB) ⁶The hard-working farmer ought to be the first to receive his share of the crops. ⁷Consider what I say, for the Lord will give you understanding in everything.

I am one who has been called to the completely absorbing work of planting, cultivating and harvesting the seeds of the Gospel. I must maximize the environmental circumstances in which I plant, take the best advantage of the weather conditions as they change and follow the seasons as they dictate my work. I must pay attention to what is around me to be a successful farmer.

All of the moves got put together...



What you have learned, *The Karate Kid*, movie (1984)

- (Mr. Miyagi) Show me "wax on, wax off." Show me "paint the fence." Show me "side to side." Show me "sand the floor." Look eye! Always look eye. Come back tomorrow.

Endurance is patience concentrated. — *Thomas Carlyle*

Our planting endurance comes into play in two areas. First, it applies to ourselves:

James 5:7-11: (NASB) ⁷Therefore be patient, brethren, until the coming of the Lord. The farmer waits for the precious produce of the soil, being **patient <3114>** about it, until it gets the early and late rains. ⁸You too be **patient <3114>**; strengthen your hearts, for the coming of the Lord is near. ⁹Do not complain, brethren, against one another, so that you yourselves may not be judged; behold, the Judge is standing right at the door. (Planting the seeds of spiritual growth requires forbearance - holding ourselves in check - on many levels.) ¹⁰As an example, brethren, of suffering and **patience <3115>**, take the prophets who spoke in the name of the Lord. ¹¹We count those blessed who **endured <5278>**. You have heard of the **endurance <5281>** of Job and have seen the outcome of the Lord's dealings, that the Lord is full of compassion and is merciful. (In our forbearance with the seeds of spiritual maturity, we will ultimately come upon a need for endurance.)





 **Chinese Bamboo Tree (author unknown)**



- *Have you ever heard of the Chinese Bamboo Tree? It is a pretty remarkable tree. You take the Chinese bamboo tree seed and you plant it. You water it and fertilize it. A year goes by and you see nothing. The second year comes and you water it and fertilize again. Another year passes by and...nothing. The third year comes...the fourth year comes and goes. You’re watering and fertilizing and tending to that seed. But you see absolutely nothing. Something extraordinary happens in the fifth year. Sometime during the fifth year, the Chinese Bamboo Tree sprouts - and boy, does it sprout! It grows up to 80 feet in one season! However, did it really grow 80 feet in one season? No way. It actually grew in five years. For the first four years, the Chinese Bamboo Tree was growing an incredibly strong root system. It was just growing under the ground where you could not see it. The strong root system it grew for four years is precisely what was needed to support its exponential growth in the fifth year and beyond.*

We should be developing our “root system” so when those trials come we have the ability to sprout through them. We may have stretching experiences beyond our comfort zone.

Second, it comes into play in our sowing and nurturing the seeds of the Gospel towards others:

Matthew 13:18-23: (NASB) ¹⁸Hear then the parable of the sower. ¹⁹When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what has been sown in his heart. This is the one on whom seed was sown beside the road. ²⁰The one on whom seed was sown on the rocky places, this is the man who hears the word and immediately receives it with joy; ²¹yet he has no firm root in himself, but is only temporary, and when affliction or persecution arises because of the word, immediately he falls away. ²²And the one on whom seed was sown among the thorns, this is the man who hears the word, and the worry of the world and the deceitfulness of wealth choke the word, and it becomes unfruitful. ²³And the one on whom seed was sown on the good soil, this is the man who hears the word and understands it; who indeed bears fruit and brings forth, some a hundredfold, some sixty, and some thirty.

Godly patience is mastered in our every day, moment by moment opportunities, to set and reset our hearts and minds towards that which is most important rather than that which feels most pressing.





Apply patient endurance and forbearance to stand firm under trial in order to overcome those difficult experiences in our lives. The Scriptures give us lots of guidance!

*So, what's your hurry?
For Jonathan and Rick and Christian Questions...
Think about it...!*

*And now even more to think about...
only in the **Full Edition of CQ Rewind!***



A more extensive look at the words behind New Testament biblical *patience*:

The first level of patience:

Moderation: Strongs #1933 appropriate, i.e. (by implication) mild

Philippians 4:5: (KJV) *Let your **moderation <1933>** be known unto all men. The Lord is at hand.*

1 Timothy 3:3: (KJV) *Not given to wine, no striker, not greedy of filthy lucre; but **patient <1933>**, not a brawler, not covetous;*

James 3:17: (KJV) *But the wisdom that is from above is first pure, then peaceable, **gentle <1933>**, and easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy.*

The second level of patience:

Patient: Strongs #420 enduring of ill, i.e. forbearing

2 Timothy 2:24: (KJV) *And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, **patient <420>**,*

Patience: Strongs #3114 to be long-spirited,
i.e. (objectively) forbearing or (subjectively) patient

Matthew 18:26: (KJV) *The servant therefore fell down, and worshipped him, saying, Lord, have **patience <3114>** with me, and I will pay thee all.*

Longsuffering: Strongs #3115 from the same as 3116; longanimity,
i.e. (objectively) forbearance or (subjectively) fortitude

2 Timothy 4:2: (KJV) *Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all **longsuffering <3115>** and doctrine.*

Hebrews 6:12: (KJV) *That ye be not slothful, but followers of them who through faith and **patience <3115>** inherit the promises.*

Longsuffering: Strongs #3116 with long (enduring) temper, i.e. leniently

Acts 26:3: (KJV) *Especially because I know thee to be expert in all customs and questions which are among the Jews: wherefore I beseech thee to hear me **patiently <3116>**.*



Merriam Webster Online Dictionary: **forbear**

1. to do without
2. to hold oneself back from especially with an effort
3. to leave alone, shun
4. hold back or abstain <have forbore from taking part in any controversy>
5. to control oneself when provoked, be patient

The thought here is that the “patience” being defined is a willingness to be non-reactive, to be willing to wait for a situation to completely unfold, to be disciplined in holding back. This “patience” gives the benefit of the doubt and can only truly be displayed by mankind through a humble spirit.

The third level of patience:

Patience: Strongs #5281 upomonh hupomone hoop-om-on-ay'; cheerful (or hopeful) endurance, constancy

In the New Testament the characteristic of a man who is not swerved from his deliberate purpose and his loyalty to faith and piety by even the greatest trials and sufferings.

One example:

Luke 21:19: (KJV) *In your **patience** <5281> possess ye your souls.*

Patience: Strongs #5278 to stay under (behind), i.e. remain; figuratively, to undergo, i.e. bear (trials), have fortitude, persevere

Two examples:

James 5:11: (KJV) *Behold, we count them happy which **endure** <5278>. Ye have heard of the patience of Job, and have seen the end of the Lord; that the Lord is very pitiful, and of tender mercy.*

1 Peter 2:20: (KJV) *For what glory is it, if, when ye be buffeted for your faults, ye shall take it **patiently** <5278>? but if, when ye do well, and suffer for it, ye take it **patiently** <5278>, this is acceptable with God.*

These two words (above) have the same root as the following:

Remembered: Strongs #5279 to remind quietly, i.e. suggest to the (middle voice one's own) memory

Luke 22:61: (KJV) *And the Lord turned, and looked upon Peter. And Peter **remembered** <5279> the word of the Lord, how he had said unto him, Before the cock crow, thou shalt deny me thrice.*

Remembrance: Strongs #5280 from 5279; a reminding or (reflexively) recollection

2 Timothy 1:5: (KJV) *When I call to **remembrance** <5280> the unfeigned faith that is in thee, which dwelt first in thy grandmother Lois, and thy mother Eunice; and I am persuaded that in thee also.*

The thought here is that the “patience” being defined is a willingness to remain in a difficult position, to cheerfully endure and to have fortitude, based upon your ability to continually remind yourself of your own “deliberate purpose.” This “patience” is really an extraordinary endurance that finds its courage in a crystal clear mental picture of its expectations. To master the application of this “patience” is to find the secret to true contentment.



A few more endurance examples...

Endurance through the battle as a body:

Philippians 1:27-30: (NASB) ²⁷Only conduct yourselves in a manner worthy of the gospel of Christ, so that whether I come and see you or remain absent, I will hear of you that you are standing firm in one spirit, with one mind striving together for the faith of the gospel; ²⁸in no way alarmed by your opponents—which is a sign of destruction for them, but of salvation for you, and that too, from God. ²⁹For to you it has been granted for Christ's sake, not only to believe in him, but also to suffer for his sake, ³⁰experiencing the same conflict which you saw in me, and now hear to be in me.

Endurance over the long haul:

2 Corinthians 11:21-30: (NASB) ²¹To my shame I must say that we have been weak by comparison. But in whatever respect anyone else is bold—I speak in foolishness—I am just as bold myself. ²²Are they Hebrews? So am I. Are they Israelites? So am I. Are they descendants of Abraham? So, am I. ²³Are they servants of Christ? - I speak as if insane - I more so; in far more labors, in far more imprisonments, beaten times without number, often in danger of death. ²⁴Five times I received from the Jews thirty-nine lashes. ²⁵Three times I was beaten with rods, once I was stoned, three times I was shipwrecked, a night and a day I have spent in the deep. ²⁶I have been on frequent journeys, in dangers from rivers, dangers from robbers, dangers from my countrymen, dangers from the Gentiles, dangers in the city, dangers in the wilderness, dangers on the sea, dangers among false brethren; ²⁷I have been in labor and hardship, through many sleepless nights, in hunger and thirst, often without food, in cold and exposure. ²⁸Apart from such external things, there is the daily pressure on me of concern for all the churches. ²⁹Who is weak without my being weak? Who is led into sin without my intense concern? ³⁰If I have to boast, I will boast of what pertains to my weakness.

Endurance in suffering:

Acts 5:40-42: (NASB) ⁴⁰They took his advice; and after calling the apostles in, they flogged them and ordered them not to speak in the name of Jesus, and then released them. ⁴¹So they went on their way from the presence of the Council, rejoicing that they had been considered worthy to suffer shame for his name. ⁴²And every day, in the temple and from house to house, they kept right on teaching and preaching Jesus as the Christ.

Endurance to the end:

Philippians 2:12-18: (NASB) ¹²So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling; ¹³for it is God who is at work in you, both to will and to work for His good pleasure. ¹⁴Do all things without grumbling or disputing; ¹⁵so that you will prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world, ¹⁶holding fast the word of life, so that in the day of Christ I will have reason to glory because I did not run in vain nor toil in vain. ¹⁷But even if I am being poured out as a drink offering upon the sacrifice and service of your faith, I rejoice and share my joy with you all. ¹⁸You too, I urge you, rejoice in the same way and share your joy with me.