



## How Do You Learn to Truly Trust?

**Psalm 91:2: (NASB) *I will say to the LORD, my refuge and my fortress, my God, in whom I trust!***

...But do you trust me? Such a question pierces right down to the heart of any matter, for true trust is sacred. Any relationship - be it family, friends, business or otherwise - will thrive when trust is intact. With trust, growth, change and the conquering of obstacles are all not only possible but probable. With trust there is security. When trust is broken - and it can be broken in an instant with a single word or action - any relationship is headed for shipwreck upon the rocks of disappointment and despair. Rebuilding after such a shipwreck is a long and difficult process. So, how can we learn to trust the right things in a deep and secure fashion?



(Merriam Webster Online Dictionary) Trust:

- 1: assured reliance on the character, ability, strength, or truth of someone or something
- 2: one in which confidence is placed
- 3: dependence on something future or contingent - hope



**Defining trust, *Building Trust*, James Davis, TEDxUSU (Utah State University)**

- *Trust is a willingness to be vulnerable. You choose to take risk and be vulnerable to the other party. That means if I say, "I trust you," it means I'm willing to be vulnerable to you. I'm willing to take that risk. It's vulnerability and risk that drive trust.*



In Scripture, *trust* carries different shades of meaning:

**Trust:** Strong's #982 *batach* (baw-takh'); properly, to hide for refuge; figuratively, to trust, be confident or sure

**Trust:** Strong's #2620 *chacah* (khaw-saw'); to flee for protection; figuratively, to confide in

The two Old Testament words for *trust* used together show us the differences between the two:

**Psalms 118:5-9: (NASB)** <sup>5</sup>*From my distress I called upon the LORD; The LORD answered me and set me in a large place.* <sup>6</sup>*The LORD is for me; I will not fear; what can man do to me?* <sup>7</sup>*The LORD is for me among those who help me; therefore I will look with satisfaction on those who hate me.* <sup>8</sup>*It is better to **take refuge <2620>** in the LORD than to **trust <982>** in man.* <sup>9</sup>*It is better to **take refuge <2620>** in the LORD than to **trust <982>** in princes.*

Old Testament *trust* means to go to someone or somewhere with *full confidence* of protection, care and comfort. Who or what do we go to when things go wrong in our lives?



**Trust:** Strongs #1679 *elpizo* (el-pid'-zo); to expect or confide  
Greek/English Lexicon: 1) to hope 1a) in a religious sense, to wait for salvation with joy and full confidence 2) hopefully to trust in.

**Trust:** Strongs #3982 *peitho* (pi'-tho); to convince (by argument, true or false); by analogy, to pacify or conciliate (by other fair means); reflexively or passively, to assent (to evidence or authority), to rely (by inward certainly)



**The two main New Testament words translated trust used together:**

2 Corinthians 1:8-10: (NASB) <sup>8</sup>For we do not want you to be unaware, brethren, of our affliction which came to us in Asia, that we were burdened excessively, beyond our strength, so that we despaired even of life; <sup>9</sup>indeed, we had the sentence of death within ourselves so that we would not **trust <3982>** in ourselves, but in God who raises the dead; <sup>10</sup>who delivered us from so great a peril of death, and will deliver us, He on whom we have set our **hope <1679>**. And He will yet deliver us.

New Testament *trust* means more of an intellectual application - being persuaded to the point of having true, deep and transformative hope.

**How is TRUST related to FAITH?**

**Trust clearly linked with faith:**

Hebrews 11:1-2: (NASB) <sup>1</sup>Now faith is the assurance (setting under, support) of things **hoped <1679>** for, the conviction (proof) of things not seen. <sup>2</sup>For by it the men of old gained approval.

Faith is the support or foundation of what we trust in. It is the foundation for true trust. Faith puts us in a position to be able to see beyond our normal limits. Trust (things hoped for, things we are persuaded of) is the real, practical and "sold out" changing of our lives to conform to those things which faith has revealed.

 **John, Building Trust, James Davis TEDxUSU**

- *My fiancé and I were driving in Wyoming, in Jackson City (Jackson Hole), Wyoming and we looked up on the mountain and there was a ski resort. People were jumping off the mountain and paragliding off the mountain, and we looked up there and thought, should we? We thought, let's give it a shot! And we drove over there. We go up to the business and say, alright tell us about paragliding. The first person we saw was this guy right here, John. John comes up and basically says, "I'm going to take you; we're going to jump off a mountain together." Now, you don't have any time. You've got to make a snap judgment, and my fiancé and I looked at this guy and said, "Do we really want to take that risk? Do we really want to be vulnerable to this guy?"*



**A great example is Jesus walking on water and saving Peter:**

Matthew 14:24-33: (NASB) <sup>24</sup>But the boat was already a long distance from the land, battered by the waves; for the wind was contrary. <sup>25</sup>And in the fourth watch of the night he came to them, walking on the sea. <sup>26</sup>When the disciples saw him walking on the sea, they were terrified, and said, it is a ghost! And they cried out in fear. <sup>27</sup>But immediately Jesus spoke to them, saying, take courage, it is I; do not be afraid. <sup>28</sup>Peter said to him, Lord, if it is you, command me to come to you on the water.



## Fear was strong but faith was present! Peter expressed radical faith in his request:

*<sup>29</sup>And he said, Come! And Peter got out of the boat, and walked on the water and came toward Jesus. <sup>30</sup>But seeing the wind, he became frightened, and beginning to sink, he cried out, Lord, save me! <sup>31</sup>Immediately Jesus stretched out his hand and took hold of him, and said to him, you of little faith, why did you doubt? <sup>32</sup>When they got into the boat, the wind stopped. <sup>33</sup>And those who were in the boat worshiped him, saying, you are certainly God's Son!*



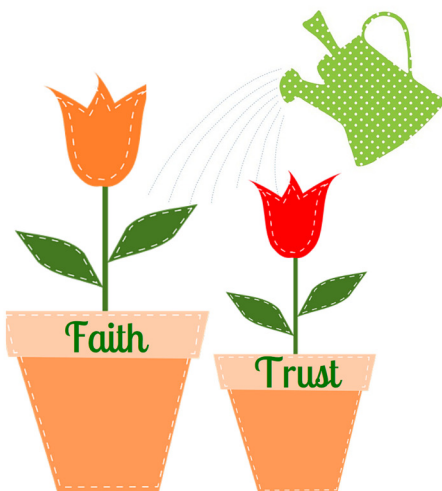
- To express a statement of radical faith is a start...
- To get out of the boat is a significant step...
- To again fear and lose perspective is the revealing of a faith that needs more trust!

**Of little faith:** Greek/English Lexicon #3640 ολιγόπιστος oligopistos ol-ig-op'-is of little faith, trusting too little

Jesus did not say, "Where did your faith go?" Or, "What happened, did you give up?" Rather, he acknowledged that faith was present, but it needed to grow into unflinching trust. Growth is required, even if it means failing and learning from those failures.

### Other "little faith" examples of growing faith into unflinching trust and unflinching persuasion:

**Matthew 6:27-30:** (NASB) *<sup>27</sup>And who of you by being worried can add a single hour to his life? <sup>28</sup>And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, <sup>29</sup>yet I say to you that not even Solomon in all his glory clothed himself like one of these. <sup>30</sup>But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the furnace, will He not much more clothe you? You of little faith!*



In other words, do not just "know" He will take care of you; trust that it is true. Live according to that knowledge. Peter's faith was immature but had potential.

### Trust is the get-your-hands-dirty application of faith!

**Matthew 8:23-27:** (NASB) *<sup>23</sup>When he got into the boat, his disciples followed him. <sup>24</sup>And behold, there arose a great storm on the sea, so that the boat was being covered with the waves; but Jesus himself was asleep. <sup>25</sup>And they came to him and woke him, saying, save us, Lord; we are perishing! <sup>26</sup>He said to them, Why are you afraid, you men of little faith? Then he got up and rebuked the winds and the sea, and it became perfectly calm. <sup>27</sup>The men were amazed, and said, what kind of a man is this, that even the winds and the sea obey him? (Trust: Faith applied in what seems impossible.)*



They woke up Jesus and said, *save us*, so we know they had faith - they knew Jesus could save them. But why would they even be afraid if he was with them? He was teaching them that trust is faith applied in what seems to be impossible.

*O ye of little faith* - meaning, o ye of faith that has been established but simply needs to grow into deep, unflinching trust. This is actually a very encouraging statement because Peter was on the path and just needed to take a few steps forward. That is what we need to do, as trust can change our life.

**We do not get to walk on water,  
but how else does Jesus teach us to grow trust?**

 **Propensity, Building Trust, James Davis, TEDxUSU**

- *What drives my willingness to take a risk in John? Well, the first thing that drives trust is something called propensity. A propensity to trust, a propensity to take on that vulnerability and risk. Everybody is born with a propensity to take risk. It's driven by geography, it's driven by family, it's driven by upbringing, it's driven by society.*

A propensity to take risk is to step out and do something entirely different. That is where trust comes in based on faith. Jesus gives us opportunity for our professed faith to blossom.

This next account will be a combination of selected verses from three combined Gospels [Matthew 17:14-21](#): (NASB) [Mark 9:14-29](#): (NASB) [Luke 9:37-43](#): (NASB).

### **Jesus healed a boy possessed by a spirit:**

[Mark 9:14-29](#): (NASB) *When they came back to the disciples (after the Mount of Transfiguration experience), they saw a large crowd around them, and some scribes arguing with them. Immediately, when the entire crowd saw him, they were amazed and began running up to greet him. And he asked them, what are you discussing with them? A man came up to Jesus, falling on his knees before him and saying Teacher, I beg you to look at my son, for he is my only boy ...possessed with a spirit which makes him mute; and whenever it seizes him, he suddenly screams, and it throws him into a convulsion, it slams him to the ground and he foams at the mouth, and grinds his teeth and stiffens out. I begged your disciples to cast it out, and they could not do it...*

The father showed great need, faith, urgency and humility.

There is important symbolism shown here. Consider that the description of his son is a sad representation of the sin-sick world:

- *Only a boy* - we are all innocently born into sin.
- *Makes him mute* - unable to communicate the true horror of sin.
- *Screams, convulsion* - the involuntary and horrible control that sin has over us.
- *Slams him to the ground* - we are unable to look upward for salvation without help.





- *Foams at the mouth, grinds his teeth and stiffens out (becoming corpse like) - sin ruthlessly takes lives.*

*...And he answered them and said, O unbelieving generation, how long shall I be with you? How long shall I put up with you? Bring him to me!*

In other words, "How long shall I be with you? My time with you is so limited."

*They brought the boy to him. When he saw him, immediately the spirit threw him into a convulsion, and falling to the ground, he began rolling around and foaming at the mouth. And he asked his father, how long has this been happening to him? And he said, from childhood...*

Jesus has not yet taken action. He is giving the father ample time to reveal his limited faith.

*But if you can do anything, take pity on us and help us! And Jesus said to him, if you can? All things are possible to him who believes. Immediately the boy's father cried out and said, I do believe; help my unbelief.*

IF you can? - This puts the father in a position of admitting he does not trust - faith and a lack of complete trust are now revealed! Jesus now helps the father grow.

*When Jesus saw that a crowd was rapidly gathering, he rebuked the unclean spirit, saying to it, you deaf and mute spirit, I command you, come out of him and do not enter him again. After crying out and throwing him into terrible convulsions, it came out; and the boy became so much like a corpse that most of them said, he is dead! But Jesus took him by the hand and raised him; and he got up.*

Jesus rewards his incomplete faith with *blessing*. This helps true trust to engage and grow.

*When he came into the house, his disciples began questioning him privately, Why could we not drive it out? And he said to them, Because of the littleness of your faith; for truly I say to you, if you have faith the size of a mustard seed, you will say to this mountain, move from here to there, and it will move; and nothing will be impossible to you.*

Their faith was not mature enough to be able to put into action what it saw. That is what full trust is.

Even though faith was not complete in the father or his disciples, Jesus did not criticize; rather, he inspired them to trust.



*Welcome to Jonathan's sister, Lynne, who is visiting from Delaware with her little Pomeranian, Sophie. Look - a new listener!*



*Trust* in the Old Testament meant to go to someone or somewhere with full confidence of protection care and comfort - more of a physical sense.

*Trust* in the New Testament meant being persuaded to the point of having true, deep and transformative hope - more of an intellectual application.

recap  
recap

Faith is the foundation for true trust. Faith puts us in a position to be able to see beyond our normal limits. Trust - things hoped for, things we are persuaded of - is the real, practical and "sold out" changing of our lives to conform to those things which faith has revealed. We "sell out" to our faith in an uninhibited way with no hesitation.

Let's examine how to apply the Old Testament brand of trust to our New Testament lives.

**Trust is the single concept that gives the following Psalm its transforming power:**

**Psalm 91:1-7: (KJV)** <sup>1</sup>He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. <sup>2</sup>I will say of the LORD, He is my refuge and my fortress: my God; in him will I **trust <982>**. <sup>3</sup>Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence. <sup>4</sup>He shall cover thee with his feathers, and under his wings shalt thou **trust <2620>**: His truth shall be thy shield and buckler. <sup>5</sup>Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day; <sup>6</sup>Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday. <sup>7</sup>A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

Examining this in pieces will help us learn how to reposition our lives to really live "trust." Faith is a good foundation, but we need trust as well.



A caller from Connecticut suggests we should "Love all, trust God and wrong no one."



**Driver #1 Ability, Building Trust, James Davis, TEDxUSU**

- *What we found in our research is there are three major drivers to trust. Three drivers. Three reasons we trust. And the amazing thing is, it's our perception of that company. It's our perception of that other person that drives these drivers. The first of the three drivers is ability. Does that person do what they say they can do? Are they able to perform what they say they can perform? Do they have that ability? Alright, there's John - does he have the ability? Well, he comes out and he's wearing that black helmet, kind of unshaven. He's got that "jump-off-a-mountain" look. He's got the swagger. He looks like he's jumped off a mountain before.*



**Trust needs to be properly focused:**

**1 Timothy 6:17-19:** (NASB) <sup>17</sup>*Instruct those who are rich in this present world not to be conceited or to fix their **hope <1679>** on the uncertainty of riches, but on God, who richly supplies us with all things to enjoy. <sup>18</sup>*Instruct them to do good, to be rich in good works, to be generous and ready to share, <sup>19</sup>storing up for themselves the treasure of a good foundation for the future, so that they may take hold of that which is life indeed.**

**Psalm 91:1:**

He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

**DWELL**

What is your "trust" address?

**Psalm 91:1:**

He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

**ABIDE**

How long are you willing to stay at that "trust" address?

**1 Peter 1:13-16:** (NASB) <sup>13</sup>*Therefore, prepare your minds for action, keep sober in spirit, fix your **hope <1679>** completely on the grace to be brought to you at the revelation of Jesus Christ. <sup>14</sup>*As obedient children, do not be conformed to the former lusts which were yours in your ignorance, <sup>15</sup>but like the Holy One who called you, be holy yourselves also in all your behavior; <sup>16</sup>because it is written, you shall be holy, for I am holy.**

**Trust in God is expressed through personal conviction in our lifetime care for one another:**

**Romans 14:13-15:** (NASB) <sup>13</sup>*Therefore let us not judge one another anymore, but rather determine this—not to put an obstacle or a stumbling block in a brother's way. <sup>14</sup>I know and am **convinced <3982>** in the Lord Jesus that nothing is unclean in itself; but to him who thinks anything to be unclean, to him it is unclean. <sup>15</sup>For if because of food your brother is hurt, you are no longer walking according to love. Do not destroy with your food him for whom Christ died.*



### What must change in my life to show that I truly live my trust?

#### Driver #2 Benevolence, *Building Trust*, James Davis, TEDxUSU

- *The second driver is benevolence. Do they care about me? Now, here's John. I know he can jump off the mountain, but man, I'm telling you what. I saw those paragliders coming down and they were corkscrewing down, and I saw some pretty green people after they got off of the mountain, and I knew John could cause me a lot of discomfort. We'd survive but I might not wish I'd survive. So, does John care about me? We talked to him, and I began to feel like we began to connect a little bit. John, I felt like, cared about me. Now here's the interesting thing here. If they care about me, it's not driven by their ego. They don't care about me for their own gratification. They really care about me, and if they really care about me I'm more apt to trust.*

This reminded Rick of the stories of Greek mythology, how the gods cared only about themselves. Our God (obviously) is different, which allows us to trust His benevolence as He cares for us.

Psalm 91:2:

I will say of the LORD,  
He is my refuge and my  
fortress: my God; in Him  
will I trust.

**PROCLAIM**

To whom have  
you sent "change  
of trust address  
forms"?

An outward proclamation is an important part of our trusting God. The more people we proclaim it to, the more we convince ourselves that is where we belong.

#### The Apostle Paul instilled trust through logic and teaching:

Acts 19:8-10: (NASB) <sup>8</sup>And he entered the synagogue and continued speaking out boldly for three months, reasoning and **persuading** <3982> them about the kingdom of God. <sup>9</sup>But when some were becoming hardened and disobedient, speaking evil of the Way before the people, he withdrew from them and took away the disciples, reasoning daily in the school of Tyrannus. <sup>10</sup>This took place for two years, so that all who lived in Asia heard the word of the Lord, both Jews and Greeks.

He showed the people their "trust" address had to change - it would now be through Jesus.





**Trust is also described as an outgrowth of love:**

1 Corinthians 13:4-7: (NASB) <sup>4</sup>*Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, <sup>5</sup>does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, <sup>6</sup>does not rejoice in unrighteousness, but rejoices with the truth; <sup>7</sup>bears all things, believes all things, **hopes <1679> all things, endures all things.***

When something goes wrong in life, what is your knee-jerk reaction? This will declare to you what or whom you truly trust. Do you first lash out? Run away? Get jealous? Change your "trust" address to something bigger and better.

**Defining trust as a tenacious characteristic:** (The word *hope* here is from the same root word as *trust*.)

Romans 8:22-25: (NASB) <sup>22</sup>*For we know that the whole creation groans and suffers the pains of childbirth together until now. <sup>23</sup>And not only this, but also we ourselves, having the first fruits of the Spirit, even we ourselves groan within ourselves, waiting eagerly for our adoption as sons, the redemption of our body. <sup>24</sup>For in **hope <1680>** we have been saved, but **hope <1680>** that is seen is not **hope <1680>**; for who **hopes <1680>** for what he already sees? <sup>25</sup>But if we **hope <1679>** for what we do not see, with perseverance we wait eagerly for it.*

IN SPITE OF what the world looks like right now, does your hope and trust lift you above it because you tenaciously expect something better? Our society is crumbling before our very eyes at an alarming rate. Where is God in all of this? Hope and trust is placing your faith in something that may not be tangible right now. *We eagerly wait for it.* This is about a hope that is real - the kingdom of God. We can trust in His plan, as it is where our security is.

**What NOT to trust:**

Philippians 3:3: (NASB) *for we are the true circumcision, who worship in the Spirit of God and glory in Christ Jesus and put no **confidence <3982>** in the flesh.*

No matter how good you are, our flesh will ultimately fail us.

Psalm 91:2:

I will say of the LORD,  
He is my refuge and my  
fortress: my God; in Him  
will I trust.

**LIVE YOUR TRUST**

Walk the walk  
and  
Live the life!



Sometimes tests come from those around us who really want the best for us. Unintentionally, they may be pushing us in the wrong direction.

### A failed attempt to gain Paul's trust:

Acts 21:10-14: (NASB) <sup>10</sup>As we were staying there for some days, a prophet named Agabus came down from Judea. <sup>11</sup>And coming to us, he took Paul's belt and bound his own feet and hands, and said, This is what the Holy Spirit says: In this way the Jews at Jerusalem will bind the man who owns this belt and deliver him into the hands of the Gentiles. <sup>12</sup>When we had heard this, we as well as the local residents began begging him not to go up to Jerusalem. <sup>13</sup>Then Paul answered, what are you doing, weeping and breaking my heart? For I am ready not only to be bound, but even to die at Jerusalem for the name of the Lord Jesus. <sup>14</sup>And since he would not be **persuaded** <3982>, we fell silent, remarking, the will of the Lord be done!

The concerned brethren warned Paul that to go to Jerusalem would be a trap. They wanted to protect him, but he did not trust what they said. He trusted their sentiment but not their action. He knew he was supposed to go to Jerusalem, so *he would not be persuaded*. He was willing to die for the Gospel - that is where he put his trust. They had to learn to trust what the Apostle trusted in, as they were misdirected. Paul's trust in God and Christ was far greater than the emotion.

### Psalm 91:3:

Surely He shall deliver thee from the snare of the fowler, and from the noisome pestilence.

**BE TESTED**  
It will not be easy! (But you will be delivered!)

### What does a life fully engaged in trust look like?

#### 🔊 Driver #3 Integrity, *Building Trust*, James Davis, TEDxUSU

- *But there's one more factor. That factor is integrity. Integrity is having a set of values that other people agree with. You live by those values and other people agree with those values. Integrity means, I have a set of values, I live those values and you trust me because of those values, and you believe in those values. In other words, if you say you're going to be there, you're going to be there. If you say you're going to be honest, you're honest. If you say you're going to be trustworthy, courteous; you will be and you agree with it. Not driven by ego. It's real.*



Our trust belongs in Him because God never changes, He is benevolent, His love for us is unmatched and He has integrity - He does what He says He will do.



Psalm 91:4:  
He shall cover thee  
with his feathers, and  
under His wings shalt  
thou trust: His truth  
shall be thy shield  
and buckler.

**TAKE REFUGE**

Allow yourself  
to be thoroughly  
covered/hidden



**The ultimate focus of our trust:**

1 Timothy 4:8-10: (NASB) <sup>8</sup>for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. <sup>9</sup>It is a trustworthy statement deserving full acceptance. <sup>10</sup>For it is for this we labor and strive, because we have fixed our **hope <1679>** on the living God, who is the Savior of all men, especially of believers.

Who is the Savior of all men, especially of believers - This shows His perfect plan of salvation for ALL of mankind. This is the God we trust in. God has a plan that includes all mankind - that is a benevolent God! He is worthy of our trust.

**Trust in full action:**

Romans 8:33-39: (NASB) <sup>33</sup>Who will bring a charge against God's elect? God is the one who justifies; <sup>34</sup>who is the one who condemns? Christ Jesus is he who died, yes, rather who was raised, who is at the right hand of God, who also intercedes for us. <sup>35</sup>Who will separate us from the love of Christ? Will tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? <sup>36</sup>Just as it is written, for your sake we are being put to death all day long; we were considered as sheep to be slaughtered. <sup>37</sup>But in all these things we overwhelmingly conquer through him who loved us. <sup>38</sup>For I am **convinced <3982>** that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, <sup>39</sup>nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.

Who has the ability to change our "trust" address? Only we do. If we are truly abiding in the secret place of the Most High, none of these negative things can get us to "change our address," because we are hidden under His wings.

We were considered as sheep to be slaughtered - this is what we signed up for.

I am convinced - this is the same Greek word translated as trust and persuaded.

Nor any other created thing - there is one thing in the universe that is not created - God Almighty. Nothing polluted by Satan's influence has the ability





to remove us from that life of full trust under the shadow of the Almighty unless we let it.

This shows us how our life will look if we truly trust. That means we have the solid, strong foundation of faith based on what we see and perceive. Trust takes that which we see and perceive and puts them into action, taking bold steps forward, dedicating our lives to a higher purpose.

*Few delights can equal the presence of one whom we trust utterly. — George MacDonald*

There are a lot of delightful things in life - food, for example. It is delightful! But there are few delights in life that can equal the presence of someone you utterly trust. That gives us a rich sense of comfort, peace and mutual understanding.

**Psalm 91:5-7:**

Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day; nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday. A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

**LIVE IN STRENGTH AND COURAGE**

It is the result of a life fully engaged in and "sold out" to deep abiding trust

**Romans 5:1-5:** (NASB) <sup>1</sup>Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, <sup>2</sup>through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in **hope <1680>** of the glory of God.

**What would make someone truly exult?**

Complete, focused trust, not based on emotion, but rather on faith in action.

**With this trust so firmly set, what are we now able to do?**

<sup>3</sup>And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; <sup>4</sup>and perseverance, proven character; and proven character, **hope <1680>**; <sup>5</sup>and **hope <1680>** does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

Our faith must grow and develop through study, fellowship and application.

There is no better way to live than living with a full and unencumbered trust in divine power, both present and future!

**So, how do you learn to truly trust?  
For Jonathan and Rick and Christian Questions...  
Think about it...!**

**And now even more to think about...  
only in the Full Edition of CQ Rewind!**







*To be trusted is a greater compliment than being loved. — George MacDonald*

*When trust improves, the mood improves. — Fernando Flores*

**One more Ye of little faith example:**

**Matthew 16:5-12:** (NASB) <sup>5</sup>And the disciples came to the other side of the sea, but they had forgotten to bring any bread. <sup>6</sup>And Jesus said to them, Watch out and beware of the leaven of the Pharisees and Sadducees. <sup>7</sup>They began to discuss this among themselves, saying, he said that because we did not bring any bread. <sup>8</sup>But Jesus, aware of this, said, you men of little faith, why do you discuss among yourselves that you have no bread? <sup>9</sup>Do you not yet understand or remember the five loaves of the five thousand, and how many baskets full you picked up? <sup>10</sup>Or the seven loaves of the four thousand, and how many large baskets full you picked up? <sup>11</sup>How is it that you do not understand that I did not speak to you concerning bread? But beware of the leaven of the Pharisees and Sadducees. <sup>12</sup>Then they understood that he did not say to beware of the leaven of bread, but of the teaching of the Pharisees and Sadducees.

Trust is the instinctive assurance that God's care for us through Christ is assured.



## Here is an example of the true results of true trust - David in a cave when he fled from Saul:

**Psalm 57:1-11:** (NASB) <sup>1</sup>Be gracious to me, O God, be gracious to me, For my soul **takes refuge <2620>** in You; And in the shadow of Your wings I will **take refuge <2620>** Until destruction passes by. <sup>2</sup>I will cry to God Most High, To God who accomplishes all things for me. <sup>3</sup>He will send from heaven and save me; He reproaches him who tramples upon me. Selah. God will send forth His loving-kindness and His truth. <sup>4</sup>My soul is among lions; I must lie among those who breathe forth fire, even the sons of men, whose teeth are spears and arrows and their tongue a sharp sword. <sup>5</sup>Be exalted above the heavens, O God; Let Your glory be above all the earth. <sup>6</sup>They have prepared a net for my steps; My soul is bowed down; They dug a pit before me; They themselves have fallen into the midst of it. Selah. <sup>7</sup>My heart is steadfast, O God, my heart is steadfast; I will sing, yes, I will sing praises! <sup>8</sup>Awake, my glory! Awake, harp and lyre! I will awaken the dawn. <sup>9</sup>I will give thanks to You, O Lord, among the peoples; I will sing praises to You among the nations. <sup>10</sup>For Your lovingkindness is great to the heavens And Your truth to the clouds. <sup>11</sup>Be exalted above the heavens, O God; Let Your glory be above all the earth.

## Trust that is vital and as a result contagious:

**Philippians 1:3-26:** (NASB) <sup>3</sup>I thank my God in all my remembrance of you, <sup>4</sup>always offering prayer with joy in my every prayer for you all, <sup>5</sup>in view of your participation in the gospel from the first day until now. <sup>6</sup>For I am **confident <3982>** of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus. <sup>7</sup>For it is only right for me to feel this way about you all, because I have you in my heart, since both in my imprisonment and in the defense and confirmation of the gospel, you all are partakers of grace with me. <sup>8</sup>For God is my witness, how I long for you all with the affection of Christ Jesus. <sup>9</sup>And this I pray, that your love may abound still more and more in real knowledge and all discernment, <sup>10</sup>so that you may approve the things that are excellent, in order to be sincere and blameless until the day of Christ; <sup>11</sup>having been filled with the fruit of righteousness which comes through Jesus Christ, to the glory and praise of God. <sup>12</sup>Now I want you to know, brethren, that my circumstances have turned out for the greater progress of the gospel, <sup>13</sup>so that my imprisonment in the cause of Christ has become well known throughout the whole praetorian guard and to everyone else, <sup>14</sup>and that most of the brethren, **trusting <3982>** in the Lord because of my imprisonment, have far more courage to speak the word of God without fear. <sup>15</sup>Some, to be sure, are preaching Christ even from envy and strife, but some also from good will; <sup>16</sup>the latter do it out of love, knowing that I am appointed for the defense of the gospel; <sup>17</sup>the former proclaim Christ out of selfish ambition rather than from pure motives, thinking to cause me distress in my imprisonment. <sup>18</sup>What then? Only that in every way, whether in pretense or in truth, Christ is proclaimed; and in this I rejoice. Yes, and I will rejoice, <sup>19</sup>for I know that this will turn out for my deliverance through your prayers and the provision of the Spirit of Jesus Christ, <sup>20</sup>according to my earnest expectation and hope, that I will not be put to shame in anything, but that with all boldness, Christ will even now, as always, be exalted in my body, whether by life or by death. <sup>21</sup>For to me, to live is Christ and to die is gain. <sup>22</sup>But if I am to live on in the flesh, this will mean fruitful labor for me; and I do not know which to choose. <sup>23</sup>But I am hard-pressed from both directions, having the desire to depart and be with Christ, for that is very much better; <sup>24</sup>yet to remain on in the flesh is more necessary for your sake. <sup>25</sup>**Convinced <3982>** of this, I know that I will remain and continue with you all for your progress and joy in the faith, <sup>26</sup>so that your proud confidence in me may abound in Christ Jesus through my coming to you again.



### Trusting the generational power of the Gospel:

**2 Timothy 1:3-12:** (NASB) <sup>3</sup>I thank God, whom I serve with a clear conscience the way my forefathers did, as I constantly remember you in my prayers night and day, <sup>4</sup> longing to see you, even as I recall your tears, so that I may be filled with joy. <sup>5</sup>For I am mindful of the sincere faith within you, which first dwelt in your grandmother Lois and your mother Eunice, and I am sure that it is in you as well. <sup>6</sup>For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands. <sup>7</sup>For God has not given us a spirit of timidity, but of power and love and discipline. <sup>8</sup>Therefore do not be ashamed of the testimony of our Lord or of me his prisoner, but join with me in suffering for the gospel according to the power of God, <sup>9</sup>who has saved us and called us with a holy calling, not according to our works, but according to His own purpose and grace which was granted us in Christ Jesus from all eternity, <sup>10</sup>but now has been revealed by the appearing of our Savior Christ Jesus, who abolished death and brought life and immortality to light through the gospel, <sup>11</sup>for which I was appointed a preacher and an apostle and a teacher. <sup>12</sup>For this reason I also suffer these things, but I am not ashamed; for I know whom I have believed and I am convinced that he is able to guard what I have entrusted to him until that day.

### Trust applied but not followed through:

**Luke 24:13-23:** (NASB) <sup>13</sup>And behold, two of them were going that very day to a village named Emmaus, which was about seven miles from Jerusalem. <sup>14</sup>And they were talking with each other about all these things, which had taken place. <sup>15</sup>While they were talking and discussing, Jesus himself approached and began traveling with them. <sup>16</sup>But their eyes were prevented from recognizing him. <sup>17</sup>And he said to them, What are these words that you are exchanging with one another as you are walking? And they stood still, looking sad. <sup>18</sup>One of them, named Cleopas, answered and said to him, Are you the only one visiting Jerusalem and unaware of the things which have happened here in these days? <sup>19</sup>And he said to them, what things? And they said to him, The things about Jesus the Nazarene, who was a prophet mighty in deed and word in the sight of God and all the people, <sup>20</sup>and how the chief priests and our rulers delivered him to the sentence of death, and crucified him. <sup>21</sup>But we were **hoping <1679>** that it was he who was going to redeem Israel. Indeed, besides all this, it is the third day since these things happened. <sup>22</sup>But also some women among us amazed us. When they were at the tomb early in the morning, <sup>23</sup>and did not find his body; they came, saying that they had also seen a vision of angels who said that he was alive.

### A broader look at New Testament definitions of the words translated *trust*.

**Trust:** Strongs #1679 elpizo (el-pid'-zo); to expect or confide

Greek/English Lexicon: 1) to hope 1a) in a religious sense, to wait for salvation with joy and full confidence 2) hopefully to trust in.

**Trust:** Strongs #3982 peitho (pi'-tho); to convince (by argument, true or false); by analogy, to pacify or conciliate (by other fair means); reflexively or passively, to assent (to evidence or authority), to rely (by inward certainty)

1) persuade 1a) to persuade, i.e. to induce one by words to believe

1b) to make friends of, to win one's favor, gain one's good will, or to seek to win one, strive to please one 1c) to tranquilize 1d) to persuade unto i.e. move or induce one to persuasion to do something 2) be persuaded 2a) to be persuaded, to suffer one's self to be persuaded; to be induced to believe: to have faith: in a thing 2a1) to believe 2a2) to be persuaded of a thing

concerning a person 2b) to listen to, obey, yield to, comply with

3) to trust, have confidence, be confident

Strongs # 4006 πεποιθήσις pepoithesis pep-oy'-thay-sis reliance



**Trust is closely related to:**

Strong's #4100 pisteuo (pist-yoo'-o); from NT: 4102; to have faith (in, upon, or with respect to, a person or thing), i.e. credit; by implication, to entrust (especially one's spiritual well-being to Christ): AV-believe 239, commit unto 4, commit to (one's) trust 1, be committed unto 1, be put in trust with 1) to think to be true, to be persuaded of, to credit, place confidence in 1a) of the thing believed 1a1) to credit, have confidence

**1 Timothy 1:11:** (NASB) *according to the glorious gospel of the blessed God, with which I have been entrusted.*

Strong's #3872 παρακαταθήκη parakatatheke par-ak-at-ath-ay'-kay or παραθήκη AV-that committed to (one's) trust + #3588

1) a deposit, a trust or thing consigned to one's faithful keeping

1a) used of the correct knowledge and pure doctrine of the gospel, to be held firmly and faithfully, and to be conscientiously delivered unto others

**Only two uses:**

**1 Timothy 6:20:** (KJV) *O Timothy, keep that which is committed to thy **trust <3872>**, avoiding profane and vain babblings, and oppositions of science falsely so called:*

**2 Timothy 1:14:** (KJV) *That good thing which was committed unto thee **<3872> keep** by the Holy Ghost which dwelleth in us.*