



Christian Questions

Think about the Bible like you never have before

Dear Chris,

Thank you for your question. You wanted to know if masturbation is a sin.

Since there is no scriptural guidance on masturbation in the Bible, it is technically not a sin. However, the actions leading up to masturbation can be sinful, such as lust, immoral thoughts, or engaging in pornography. Pornography in particular is linked with addiction to masturbation.

It is, therefore, important that we as Christians adhere to biblical principles, that is, making sure that our thoughts, words and actions are all to the glory of God (1 Corinthians 10:31). “Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.” (1 Corinthians 6:18-20)

Is masturbation in and of itself a sin? No, but often the thoughts and actions leading up to it are.

We hope we have answered your question. Be sure to sign up for our weekly newsletter to receive CQ Rewind at ChristianQuestions.com. The service is free without obligation and will provide you with scriptural perspective on many questions and topics.

Sincerely,

Christian Questions

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