



Thank you for downloading
CQ Rewind - Summary Only Version!

Each week, the **Summary Only** version provides you with approximately 4 pages of brief excerpts from the program, along with Scripture citations.

If you would like to receive the
CQ Rewind FULL EDITION at no charge, simply sign up at
www.ChristianQuestions.net.

The **FULL EDITION** of approximately 10-12 pages includes comprehensive excerpts from the program, fully quoted Scriptures, graphics, illustrations, and even extra study points that time prevented us from covering during the live program.



Are the Christian and Jewish Sabbath the Same?

Exodus 20:9-10: (NASB) ⁹*Six days you shall labor and do all your work, ¹⁰but the seventh day is a Sabbath of the LORD your God...*



The Sabbath day was put in place by God in a very unusual way - He demonstrated it. He proclaimed it as a way for his children to stop - to stop their lives for a day and be able to look up, look around, appreciate, gain perspective and then once again move forward. In the Ten Commandments, the Sabbath is clearly on Saturday. Why then do most Christians not observe it that way? Has Christianity changed the rules God himself put in place? Stay with us as we look into rest, the Sabbath, the Bible and the role we are called upon to play.

Was the Sabbath established because God got tired and needed to rest?

Genesis 1:31: (NASB) *God saw all that He had made, and behold, it was very good. And there was evening and there was morning, the sixth day.* **Genesis 2:1-3:** (NASB) ¹*Thus the heavens and the earth were completed, and all their hosts. ²By the seventh day God completed His work which He had done, and He **rested <7673>** on the seventh day from all His work which He had done. ³Then God blessed the seventh day and **sanctified <6942>** it, because in it He **rested <7673>** from all His work which God had created and made.*

So God rested: **Rest:** Strong's #7673 shabath shaw-bath' 1) to cease, desist, rest 2) to keep or observe the sabbath

And God sanctified the seventh day: **Sanctified:** Strong's #6942 qadash (kaw-dash'); to be (causatively, make, pronounce or observe as) clean (ceremonially or morally)

Another example of the word for sanctify: **Leviticus 11:44:** (KJV) *For I am the LORD your God: ye shall therefore **sanctify yourselves**, and ye shall be holy; for I am holy: neither shall ye defile yourselves with any manner of creeping thing that creepeth upon the earth.*



Preparing for the Sabbath, *Fiddler on the Roof* (movie)

- *Hurry children, hurry, it's almost the Sabbath!*

The clearing up of all matters before Sabbath was important. Everybody was to be ready for that moment - preparing to just stop.

Moses up on Mount Sinai: **Exodus 31:16-17:** Here again, we see the same term - God rested. Yet there is an added description of God's activity - He was "refreshed." This word can literally mean "to take a breath" and is not necessarily used when someone is tired, but also when someone sits back and looks at their work with satisfaction, such as with someone who has just built a piece of fine piece of furniture. It is a sense of exhilaration, not exhaustion, because of completion of the task.

Genesis 1:31: (NASB) *God saw all that He had made, and behold, it was very good. And there was evening and there was morning, the sixth day.*

What was the purpose of the Sabbath for Israel?

Exodus 31:12-17: (NASB) ¹²*The LORD spoke to Moses, saying, ¹³But as for you, speak to the sons of Israel, saying, You shall surely observe My sabbaths; for this is a sign between Me and you throughout your generations, that you may know that I am the LORD who sanctifies you.*



Observations:

- The Sabbath was for the sons of Israel to identify them with their God.
- The Sabbath was a generational arrangement - for your children's children and so on.
- The Sabbath was evidencing the fact of God setting them apart.

¹⁴*Therefore you are to observe the sabbath, for it is holy to you. Everyone who profanes it shall surely be put to death; for whoever does any work on it, that person shall be cut off from among his people. ¹⁵For six days work may be done, but on the seventh day there is a sabbath of complete rest, holy to the LORD; whoever does any work on the sabbath day shall surely be put to death.*

- There were severe penalties for not keeping the Sabbath.

¹⁶*So the sons of Israel shall observe the sabbath, to celebrate the sabbath throughout their generations as a perpetual covenant. ¹⁷It is a sign between Me and the sons of Israel forever; for*



in six days the LORD made heaven and earth, but on the seventh day He ceased from labor, and was refreshed.

- If something is perpetual, it does not go away.
- It is a constant reminder of the pattern that God Himself had set.

Preparing for the Sabbath Part 2, *Fiddler on the Roof* (movie)

- *Tevye finishes praying) It's getting late! Where is everybody? Children? We are lighting the candles! The sun is almost down.*
- *(Motel wants to marry Tevye's oldest daughter and is trying to get Tevye's attention right before the Sabbath begins.)*

When was the Sabbath given to Israel by God? The fourth commandment is, "Remember the Sabbath and keep it holy." But what about before that?

Here they are, wandering in the wilderness - as vulnerable as can be and entirely reliant upon God's miraculous care for them: Exodus 16:22-30: Every day they were to collect manna, but only enough for that day or else it would spoil. However, on the sixth day they were to collect two days' worth because no manna would be on the ground on the seventh. So their very sustenance was dependent upon acting in accordance with the Sabbath. The first human Sabbath institution was a clear and miraculous connection to God, for the purpose of giving them complete rest AND complete appreciation for their deliverance, right down to the very food they ate.

Were there "other" Sabbaths for Israel?

The Jews were given a system of Sabbath Days and Sabbath Years--the Seventh Day Sabbath and the $(7 \times 7 + 1 = 50)$ Fiftieth Day Sabbath, or Day of Pentecost. They had a system of Sabbaths measured by years, the Seventh Year Sabbath and the $(7 \times 7 + 1 = 50)$ Fiftieth Year Sabbath, or Year of Jubilee. (For a detailed look at these, see the Bonus Material in the Full Edition of CQ Rewind.)

The Ten Commandments' Sabbath proclamation - notice that this commandment is more fully explained than any other: Exodus 20:8-11

Islam Friday Rest, Sabbath and Jumuah, Khalid Yasin, 1islam.net

- *Muslims are given the order to worship on Friday, in Arabic it is called "Jumuah." It means "the day of gathering." So what we are ordered to do is at noontime on Friday, the Muslim men especially are ordered to stop their work and go and pray in congregation. This takes only 30-45 minutes and after that we can eat, drink, work, earn money, there are no restrictions.*

The Day of Pentecost instituted as a Sabbath by God: Leviticus 23:16-21: Thought Question: If we, as Christians, are celebrating the seventh day Sabbath, are we also to celebrate the 50th year? Why do one and not the other?

The Day of Atonement was a Sabbath, instituted on a once a year basis: Leviticus 16:29-34 During every Sabbath, however, the priesthood had work responsibilities. How does this play into our understanding as Christians?

Do we, as Christians, throw out one Commandment?

This next text is right on the heels of the Beatitudes. These were teachings that magnified what the Law was designed to bring to the people once Messiah was there.

Matthew 5:17-19: At some point, following after the Law so specifically would end. "Until all is accomplished."

Intro - Did Constantine change the Sabbath, Got Questions Ministries

- *In 321AD, Constantine decreed: "On the venerable day of the sun, let the magistrates and people residing in cities rest and let all workshops be closed."*
- *Constantine seems to have made this change on his own and not through the Papacy, as it had not yet come into being at that time. Constantine was not changing the Sabbath; he was merely making Sunday the official day of rest for the Roman Empire.*



Matthew 12:1-8: Jesus poses questions based on historical scriptural examples and then proclaims himself "Lord of the Sabbath." Is it that God doesn't care about keeping the Sabbath anymore?

 **God doesn't care, Why some reject the Sabbath truth, Gary C. Michael**

- *The 4th Commandment is found in Exodus 20:8-11. It is clear that the seventh day of the week - the day we call Saturday - is the Sabbath. There is no doubt about that. Some of the people that keep the Sabbath on Sunday admit that it is really Saturday, but they think God doesn't care which day you worship and you should worship God everyday.*

Mark 12:28-31: Jesus is showing that **as Lord of the Sabbath**, he can put it and the entire Law in perspective so as to truly focus on the most important things and no longer on the cumbersome details of counting this and that and doing this but not that.

If Jesus kept the Sabbath, then why did he always heal on that day?

Luke 13:10-17: Jesus' point was that one still takes care of the necessities of life. Man wasn't made for the Sabbath, the Sabbath was made for man. So, perhaps Jesus was showing the fulfillment of what the Sabbath would ultimately represent - a true resting in the comprehensive power of the living God! Is that what we are called upon to follow? Jesus is our example, so we need to understand his teachings to understand the application of Sabbath rest.

Galatians 3:19-23: The Law was added because of transgressions. Because sin was in place, we needed to identify it - until the promised seed would come. The Law was not able to bring mankind into perfect harmony with God again. It was put in place as an identifier. Righteousness doesn't come through the Law, it comes through the sacrifice of Jesus. There is nothing you or I could ever do to earn that righteousness because we all fall short. We are able to stand before God at this time only because of Jesus. There is a profound blessing to just stop what we are doing and appreciate God throughout our lives.



1 Timothy 2:4-6: The centerpiece of the plan of God is Jesus, not the Sabbath.

Observations:

- The Law was put in place to identify sin.
- The Law was not a replacement to faith, but to lead men to faith.
- Until Jesus, there was no other way - all activities were earthly and carefully laid out.
- The Law was a DISPENSATIONAL TOOL.



The Rest of the Sabbath, Stress Part 1, bibleuniverse.com, Doug Betchelor

- *A Cornell University study of working couples: Married couples with children burdened by long hours of paid work report the lowest quality of life among working couples. Additionally, 43% of all adults suffer adverse health effects from stress.*

Sounds like we could use the principles of Sabbath and have an end to the work! Then going back to the work becomes a privilege and not a chore.

Ephesians 1:9-10: (ASV) ⁹making known unto us the mystery of his will, according to his good pleasure which he purposed in him ¹⁰unto a **dispensation <3622>** of the fullness of the times, to sum up all things in Christ, the things in the heavens, and the things upon the earth; in him, I say...

Dispensation: Strongs #3622 administration (of a household or estate); specifically, a (religious) "economy" - a period of time

God had the dispensation of the Law in place. Jesus came and it became a dispensation or administration of grace. The moral Law (the Ten Commandments) was meant to be followed by Christians, on even a higher level than with Israel, but now through liberty in Christ.

Matthew 5 illustrates this. The Law says "thou shalt not kill," but if you slander your brother, you are a murderer. The physical part is not as important to his followers as the spiritual part. Lusting after a woman is adultery. He makes the Law higher, harder in some ways. The perspective makes us think that there is much more to it than a physical day.



So, do Christians have their own Sabbath? Yes! ...and no!

Jesus gives us rest as our Sabbath: Matthew 11:29-30: Where in the Jewish Law were they given rest? It was only on the Sabbath. But Jesus is saying, if you come to me, I will give you rest. He took the Sabbath principle God put in place and tells us we will find our rest in HIM, just as God, through the Law, provided for Israel's rest on the seventh day. Jesus IS the seventh day - the day in which rest comes to the world because he is the ransom that buys the world back from sin!

Jesus IS our Sabbath. Our Sabbath comes with us whenever and wherever we go.



The rest of the Sabbath - Stress Part 2, bibleuniverse.com, Doug Betchelor

- *75-90% of all physician office visits are attributed to stress related ailments or complaints. Stress is linked to the six leading causes of death in the United States - cancer, heart disease, suicide... Everything from sleeping pills to antacids are related to stress...*

Stress continues to build if there is no relief for it. The Sabbath was built for relief. Jesus is telling us to sit back and rest in him - that is a stress reliever! As Lord of the Sabbath, Jesus IS our Sabbath. In a sense, every day should be our Sabbath because we should be continually resting in Jesus.

We are not bound to the Law (except by its moral standards): Galatians 3:24-28

After Jesus was resurrected...he only appeared on a Sunday: John 20:1: (NIV) *Early on the first day of the week*, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance.

Luke 24:13-15: (NIV) ¹³*Now that same day* two of them were going to a village called Emmaus, about seven miles from Jerusalem. ¹⁴*They were talking with each other about everything that had happened.* ¹⁵*As they talked and discussed these things with each other, Jesus himself came up and walked along with them;*

John 20:26: (NIV) *A week later* his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, "Peace be with you!"

We have no indication that when Jesus appeared it was ever NOT on a Sunday.

And the Apostles traditionally gathered together on the first day of the week: Acts 20:7, 1 Corinthians 16:2

Revelation 1:10: (ASV) *I was in the Spirit on the Lord's day, and I heard behind me a great voice, as of a trumpet.*

Jesus was Lord of the Sabbath. We are told to come to him to receive rest. The Law was only able to give rest on the seventh day of the week. Jesus is where we are to get our rest, available to us every day. Sunday became a day of Christian fellowship, praise and worship. Why? To show the gloriousness of the resurrection of Jesus. Is Sunday our Sabbath? No, Jesus is our Sabbath and that travels with us every day of our lives.

***So are the Christian and Jewish Sabbath the same?
For Jonathan and Rick and Christian Questions,
Think about it...!***